

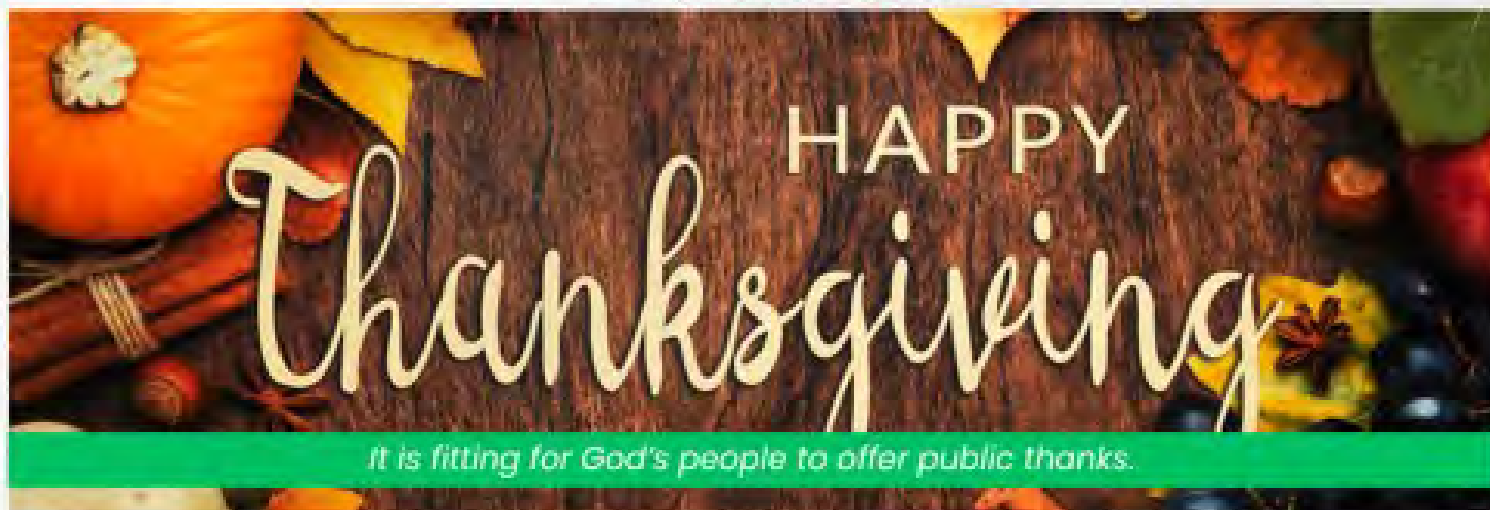


St. Francis De Sales and St. Andrew Parish BULLETIN

11 OCTOBER 2026



Roman Catholic Parish
HIGH RIVER - VULCAN, AB



Office

St. Francis de Sales Parish
208 - 9th Avenue West
High River, Alberta T1V 1A4

Office Phone # 403-652-2203
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Contact Us

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Youth Ministry: Rhonda-Mae Arca
Email: youth@francisdesaleshighriver.com

Music Coordinator: Donna Abramson
Email: daseabramson@gmail.com

LORD'S DAY MASSES

Saturday 5:00 pm - High River
Sunday 9:00 am - Vulcan
Sunday 11:00 am - High River
Sunday 5:00 pm - High River

CONFESSIONS

Monday - Saturday: 45 minutes before Masses

XXVIII SUNDAY IN ORDINARY TIME



28th Sunday in Ordinary Time



October 11,
2026

Sunday Readings

First Reading: (Isaiah 25:6-10a) The notion of banquet is long associated with God's final victory. The normal concerns for food and provisions that often cause fear are removed. With sufficient food, life is assured and a banquet becomes a sign of unending life. This passage portrays the royal enthronement of God on Mount Zion. Having conquered pagan powers, earthly terrors, and Israel's enemies, God reigns over all nations. God will even conquer death itself.

Second Reading: (Philippians 4:12-14, 19-20) This reading is a thank you note and should be read that way. Saint Paul tells the Philippians that despite hardships they should trust that God will supply their needs especially "glorious riches in Christ Jesus."

Gospel: (Matthew 22:1-14) This parable can often be difficult to extrapolate a singular particular theme from it. In the time and era of Jesus' living ministry society was very compartmentalized and yet the king who represents the heavenly king is inviting those of distinctly different classes of society to the wedding banquet which represents the heavenly banquet that all are invited to if they respond to the invitation.

<https://rcdos.ca/our-faith/growing-in-your-catholic-faith/faith-resources/>

A Priest, a Turkey, and Thanksgiving!

Thanksgiving is a wonderful time of year—a time to thank God for our blessings, gather with family, and eat enough turkey to make us consider fasting until Christmas!

For a priest, Thanksgiving dinners can be full of surprises. Sometimes you are invited as a guest; other times, you are expected to bless the food, say a few words, and settle a family argument. Suddenly, dinner becomes a parish council meeting—with gravy!

And then there is the turkey. My advice to every priest is simple: **never criticize a parishioner's turkey!** You might be invited back next year and given an even bigger one!

But seriously, Thanksgiving reminds us that gratitude is more than saying grace before a meal. St. Paul tells us, "Give thanks in all circumstances" (1 Thessalonians 5:18). Even when life is difficult, there is always something to be grateful for: family, friends, faith, and a God who never abandons us.

So this Thanksgiving, thank the cook, appreciate your loved ones, and remember those who may be celebrating alone.

And if the turkey turns out dry, don't worry. God multiplied the loaves and fishes—but the Bible never promises to rescue an overcooked turkey!

Happy Thanksgiving! May your hearts be grateful, your homes be joyful, and your plates be full. And remember: calories eaten on Thanksgiving don't count until Tuesday!

With gratitude and a smile,

Father Mariusz

NOVEMBER 2, 2026 ALL SOULS' DAY

REMEMBERING OUR LOVED ONES



Candle Light Service for All Souls

Our Candle Mass celebration will take place on **Monday, November 2nd at 7:00 pm**. This special Mass is dedicated to all the deceased from our parish and our families and friends. During the service, we will remember our departed loved ones through prayer and by lighting candles.

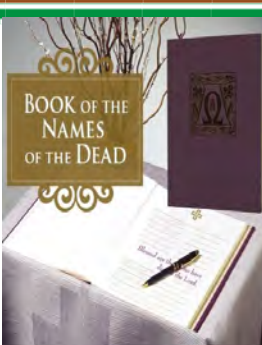
If you have a family member or friend who passed away in the past year (**November 2025 to present**) please let Nancy know and they will be added to the Candle Light Service. If their funeral was not here, **please bring in a picture**, with the details of **name, date of birth and date of death**.

If you have any questions, please call Nancy in the parish office at 403-652-2203 or email at secretary@francisdesaleshighriver.com



The office will be closed **Monday, October 12, 2026** for the **Thanksgiving Holiday**.

Regular Office hours will resume on **Tuesday, Oct. 13, 2026 @ 9:00 am**.
Please Note: There is still a 9:00 am



Month of November

If you would like your loved ones name in the **"Book of the Names of the Dead"**, please sign the book at the back of the church or call Nancy in the church office, at 403-652-2203 or email her at secretary@francisdesaleshighriver.com

Deadline is October 31, 2026





SENIORS' COFFEE BREAK

All are welcome for coffee,
stretches & fellowship

October 2 & 16

After 9:15 AM Mass
Church Crying Room
(Meeting Room)

Volunteers needed to help offer this on a regular basis.
Contact: youth@francisdesaleshighriver.com




SFDS GAME NIGHT

JOIN US FOR GAMES & FELLOWSHIP!
OCTOBER 24, 2026
6:30 PM • MEETING ROOM

INFO:
YOUTH@FRANCISDESALSHIGHRIVER.COM

WANT MORE UPDATES?

FOLLOW US NOW & STAY CONNECTED!

@stfrancisdesaleshighriver

FOLLOW US



FIRST RECONCILIATION MEETINGS



OCTOBER 17 & 24, 2026 | 6:00–7:00 PM
PARISH HALL | ST. FRANCIS DE SALES CHURCH

FOR INFORMATION, CALL 403-652-2203
OR VISIT THE PARISH WEBSITE



Before I formed you in the
womb I knew you, before you
were born I set you apart.

JEREMIAH 1:5



MEMORIAL LITURGY

FOR THOSE GRIEVING THE LOSS OF A CHILD
THROUGH MISCARRIAGE OR STILLBIRTH

PRESIDER: BISHOP WILLIAM T. MCGRATTAN

WHEN

Tuesday,
Nov. 10, 2026
at 7 pm

WHERE

ST. MARY'S CATHEDRAL
219 18 Ave SW
Calgary, AB

When families lose a baby in the womb,
the cries of birth go unheard; the grasp of
tiny fingers slips away. This profound loss
needs articulation. Join Bishop McGrattan
in a prayer gathering to commend our
children communally into the embrace of
our merciful God and to support those
who are grieving the loss of a child.

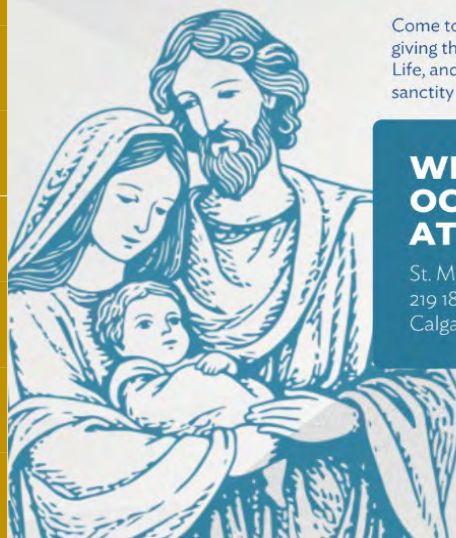
TO ATTEND

PLEASE REGISTER AT
MISCARRIAGELITURGY.CA



Mass for Life

WITH BISHOP WILLIAM T. MCGRATTAN



Come to a Eucharistic Celebration,
giving thanks to God, the Author of
Life, and praying for the dignity and
sanctity of every human life.

**WEDNESDAY,
OCTOBER 28,
AT 5 PM**

St. Mary's Cathedral
219 18 Ave SW
Calgary





October: A Month with Mary

Pray the Rosary — Every Day Before Mass

October is traditionally dedicated in the Catholic Church to the **Holy Rosary**. It is a beautiful opportunity for us to rediscover this simple but powerful prayer and to allow Mary to lead us closer to her Son, Jesus.

The Rosary is sometimes misunderstood as simply repeating the same prayers over and over. But when we pray the Rosary well, we are not simply saying prayers—we are **meditating on the life of Jesus**.

With Mary, we walk through the great mysteries of our faith: the joy of Christ's birth, His ministry, His Passion and Death, His Resurrection, and His glory. Mary teaches us to look at Jesus with a mother's love and to treasure the mysteries of His life in our hearts.

The Rosary Before Mass

Here at **St. Francis de Sales Parish**, we have a beautiful tradition of praying the **Rosary every day before Mass**.

This is something worth protecting and encouraging.

Before we come to Mass, the Rosary gives us a few moments to **slow down, quiet our minds, and prepare our hearts**. We live in a world where our attention is constantly being pulled in a hundred different directions. We come to church carrying our work, family responsibilities, worries, plans, phones, and sometimes even the argument we had five minutes earlier!

The Rosary helps us put some of that aside and say:

“Lord, I am here. I want to be with You.”

And Mary helps us do exactly that.

The Rosary is not a replacement for the Mass. Rather, it can help us **prepare for the Mass**. In the Eucharist, we encounter Christ truly present among us. The Rosary helps us place our hearts in the right disposition to receive Him.

A Parish Prayer

Perhaps this October we can make a renewed commitment to this beautiful parish practice.

Come a little earlier before Mass. Pick up your Rosary. Join your fellow parishioners. Pray together.

You don't have to be an expert. You don't have to know every mystery by heart. You don't even have to own a fancy Rosary. A simple Rosary and a willing heart are enough.

And if you arrive late and hear everyone already praying, don't worry—just quietly join in. Mary will understand!

Most importantly, **don't let the Rosary become something we do only in October**. Let October remind us of a prayer that can become part of our everyday Catholic life.

Our Lady of the Rosary, Pray for Us!

As we celebrate **Our Lady of the Rosary on October 7**, let us entrust our parish, our families, our children and youth, our sick and elderly, and all those who have asked for our prayers to the intercession of Mary.

May the Rosary become not simply something we *say*, but something that helps us **live closer to Christ**.

Our Lady of the Rosary, pray for us!

And remember: the Rosary is prayed every day before Mass at our parish. Come early, bring your Rosary, and let's pray together.

Fr. Marius Sztuk, SDS

A Thanksgiving Message to Our Parish Family

Dear Parish Family

As we celebrate Thanksgiving, let us pause for a moment and give thanks to God for the many blessings He has given us. This is a special time to gather with family and friends, whether we are traveling to visit our loved ones or welcoming them into our homes. May these moments together be filled with joy, peace, laughter, and gratitude.

At the same time, let us remember those who may be spending Thanksgiving alone, those who have no family nearby, and those who are experiencing loneliness, grief, or hardship. May we find ways to reach out to them with a kind word, a phone call, an invitation, or a simple gesture of love. No one should feel forgotten, especially during a time when we celebrate the blessings of togetherness.

Above all, let us thank God for **the gift of one another**. Our families, friends, neighbors, and parish community are precious gifts entrusted to us by the Lord. We may not always realize how much we mean to one another, but every act of kindness, every prayer, every word of encouragement, and every helping hand makes our lives richer and reflects God's love.

On a personal note, I want to express my heartfelt gratitude to God for our parish and for each one of you. Thank you for your faith, your prayers, your generosity, and your commitment to our parish family. It is a blessing and a privilege to serve as your parish priest and to walk together with you on our journey of faith. I thank God for bringing us together and for allowing us to share in the life and mission of our parish.

May this Thanksgiving renew our hearts with gratitude, strengthen the bonds that unite us, and remind us that our greatest blessings are not things we possess, but the people God places in our lives.

May the Lord bless you and your families with peace, joy, good health, and abundant grace. Happy and blessed Thanksgiving!

With prayers and heartfelt gratitude,

Fr. Marius Sztuk, SDS





Holy Fire Youth Ministry

What an amazing start to the 2026-27 school year! 51 youths attended the first Youth Group night on September 11th. Since then, Holy Fire has grown to 70 members!

Last month, the youths enjoyed boardgames, LEGO building, colouring, dancing and more. They learned how to make their own notebooks and are fired up to design a logo for the group.

Throughout the year, the Holy Fire Youth will explore what God's special plan is for them. They have started a Bingo Challenge, comprised of activities to help them grow closer to God through prayer, Scripture reading, and acts of service. It is our hope that in their journey, they will start to discern God's will for them. You can look forward to seeing some of the Holy Fire Youth serving in the various church ministries.

With 70 members, it is vitally important for families to RSVP before each event to ensure that we have enough supplies, food, and volunteers. An RSVP link will go out the week before via email, the parish bulletin, and social media. We ask Holy Fire Youth members to RSVP by Wednesday prior to Youth Group Night.

Thank you to those who have stepped forward to volunteer, pray for, and/or donate to the Youth Ministry. Your support is greatly appreciated.

Yours in Christ,

Rhona-Mae Arca, Youth Ministry Coordinator



ST. FRANCIS de SALES PARISH

Proclaiming the Good News and Living the Faith in Christ

OCTOBER 2026

"Be who you are
and be that well."
- St. Francis de Sales

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4 2TH SUNDAY IN ORDINARY TIME (Day 22) 9:00 am Mass - Vulcan (St. Andrew Church) 11:00 am Mass 4:00 pm Confession 5:00 pm Mass	5 8:00 am Confession 9:00 am Mass 4:00 pm SFDs Executive Meeting 7:00 pm Pro-Life Meeting	6 Fr. Marius away for Study Days	7 	8 THE BODILY OF THE RESURRECTED MARY (P) 9:00 am - 9:00 pm Adoration of the Blessed Sacrament 7:00 pm RCIA	9 8:15 - 9:15 am Confession 9:00 am - 12:00 pm TOPS 9:15 - 9:45 am Mass 6:00 - 8:30 pm Youth Group	10 2TH SUNDAY IN ORDINARY TIME (Day 22) 8:00 am Confession 9:30 am Mass 9:30 - 10:30 am Altar Servers Meeting 4:00 pm Confession 5:00 pm Sunday Mass 8:00 pm Confirmation Meeting #1
11 3TH SUNDAY IN ORDINARY TIME (Day 22) 9:00 am Mass - Vulcan (St. Andrew Church) 11:00 am Mass 4:00 pm Confession 5:00 pm Mass	12 Thanksgiving Day 8:00 am Confession 9:00 am Mass 7:00 pm KofC Meeting	13 6:00 pm Confession 7:00 pm Mass	14 4:30 pm Mass at the Hospital 5:00 pm Confession 6:00 pm Mass 6:30 - 8:00 pm CNA General Meeting	15 ST. TERESA OF JESUS (M) 9:15 - 9:45 am Mass 9:45 am - 9:00 pm Adoration of the Blessed Sacrament 7:00 pm RCIA	16 6TH SUNDAY IN ORDINARY TIME (Day 22) 8:15 - 9:15 am Confession 9:00 am - 12:00 pm TOPS 9:15 - 9:45 am Mass (Grade 5)	17 3TH SUNDAY IN ORDINARY TIME (Day 22) 8:00 am Confession 9:30 am Mass 9:30 - 10:30 am Altar Servers Meeting 4:00 pm Confession 5:00 pm Sunday Mass 6:00 pm Reconciliation Meeting #2 7:00 pm Game Night
18 4TH SUNDAY IN ORDINARY TIME (Day 22) 9:00 am Mass - Vulcan (St. Andrew Church) 11:00 am Mass 4:00 pm Confession 5:00 pm Mass	19 8:00 am Confession 9:00 am Mass	20 10:00 am - 1:00 pm Adoration of the Eucharist 6:00 pm Confession 7:00 pm Mass 7:30 - 8:30 pm Financial Meeting	21 8:15 - 9:45 pm Mass at Seasons 5:00 pm Confession 6:00 pm Mass 6:30 - 8:00 pm Catechism Study #6	22 9:15 - 9:45 am Mass 9:45 am - 9:00 pm Adoration of the Blessed Sacrament 7:00 pm RCIA	23 8:15 - 9:15 am Confession 9:00 am - 12:00 pm TOPS 9:15 - 9:45 am Mass 6:00 - 8:00 pm Youth Group	24 5TH SUNDAY IN ORDINARY TIME (Day 22) 8:00 am Confession 9:30 am Mass 9:30 am - 4:00 pm Pascal Cake Tasting 4:00 pm Confession 5:00 pm Sunday Mass 6:00 pm Reconciliation Meeting #3 7:00 pm Game Night
25 6TH SUNDAY IN ORDINARY TIME (Day 22) 9:00 am Mass - Vulcan (St. Andrew Church) 11:00 am Mass 4:00 pm Confession 5:00 pm Mass	26 8:00 am Confession 9:00 am Mass	27 10:00 am - 1:00 pm Adoration of the Eucharist 6:00 pm Confession 7:00 pm Mass	28 ST. SIMON and ST. JUDE (P) 8:30 - 4:00 pm Mass - Manor (Medicine Tree Manor) 5:00 pm Confession 6:00 pm Mass 6:30 - 8:00 pm Catechism Study #7	29 9:15 - 9:45 am Mass 9:45 am - 9:00 pm Adoration of the Blessed Sacrament 7:00 pm RCIA	30 8:15 - 9:15 am Confession 9:00 am - 12:00 pm TOPS 9:15 - 9:45 am Mass	31 ALL SAINTS (S) (Day 22) 8:00 am Confession 9:30 am Mass 4:00 pm Catechism 5:00 pm Sunday Mass

- CALENDAR LEGEND**
- MASS & LITURGY
 - SACRAMENT / CONFESSION
 - MEETINGS & MINISTRIES
 - SPECIAL EVENTS
 - FEAST DAY / SOLEMNITY



All are welcome
to join us in prayer
and the celebration
of the Eucharist!



"The Lord has
done great things
for us, and we are
filled with joy."
- Psalm 126:3



Visit our website
for the latest news,
events & updates!

403-652-2203



secretary@francisdeshighriver.com



www.francisdeshighriver.com

You are
always welcome here!



ST. FRANCIS de SALES PARISH
206 9 Ave W, High River, AB T1V 1A4

WEEKDAY SCHEDULE

Monday: 8:00 am Confession
9:00 am Mass
6:00 pm Confession
7:00 pm Mass
5:00 pm Confession
6:00 pm Mass

Tuesday: 8:00 am Confession
9:00 am Mass
6:00 pm Confession
7:00 pm Mass
5:00 pm Confession
6:00 pm Mass

Wednesday: 8:00 am Confession
9:00 am Mass
6:00 pm Confession
7:00 pm Mass
5:00 pm Confession
6:00 pm Mass

Thursday: 9:15 am Mass
9:45 am - 4:00 pm Adoration
7:00 pm RCIA
8:15 am Confession
9:15 am Mass

Friday: 8:15 am Confession
9:15 am Mass

WEEKEND MASSES

Saturday: 5:00 pm (Vigil Mass)
9:00 am (Vigil Mass)
11:00 am (High River)
5:00 pm (High River)

Sunday: 9:00 am (Vigil Mass)
11:00 am (High River)
5:00 pm (High River)



Confession or Communion to the Homebound

If you are homebound and desiring to receive Communion or the Sacrament of Reconciliation, please call the parish office at 403-652-2203 or email Father Marius at fr-marius@francisdesaleshighriver.com to request a visit. He will do his best to schedule a visit with you

"The Eucharist is the secret of my day. It gives strength and meaning to all my activities of service to the Church and to the whole world. Let Jesus in the Blessed Sacrament speak to your hearts. It is he who is the true answer of life that you seek. He stays here with us: he is God with us. Seek him without tiring, welcome him without reserve, love him without interruption: today, tomorrow, forever."



Sunday Offering

Did you know we now take Donations electronically! **You have the following options: Direct Debit, Visa, M/C.** We also have **E-transfer set up.**

The email address is donation@francisdesaleshighriver.com

If you are interested in switching over to one of these payment methods, please all Nancy in the church office at **403-652-2203** or email her at secretary@francisdesaleshighriver.com



Adoration

Please join us for Adoration after the 9:00 am Mass on Thursdays. **9:45 am—9:00pm.**

If you would like to come for an assigned time, please contact Nancy in the office at **403-652-2203** or email her at secretary@francisdesaleshighriver.com

All are welcome!

SFDS Ministry Schedule—Oct. 17 & 18, 2026

<u>Ministry</u>	<u>Sat. 5:00 pm</u>	<u>Sunday 11:00 am</u>	<u>5:00pm</u>
<u>Greeters</u>	Al G.	Arca's	N/A
<u>Lector</u>	Lana/Dale	Linda/Nancy	Doreen/Mathew
<u>Choir</u>	Rob & Nancy's Group	Rob & Nancy's Group	N/A
<u>Coffee Hosts</u>	N/A	Dennis & Carol	N/A
<u>Share The Word</u>	N/A	N/A	N/A

AN OINTING OF THE SICK

If you have been admitted to any of the following hospitals in Calgary and would like the Sacrament of Anointing of the Sick, you may contact your parish priest or call the Diocese of Calgary Call Center.

403-231-9505

Serving the following hospitals

- Alberta Children's Hospital
- Foothills Hospital
- Peter Lougheed Hospital
- Rockyview General Hospital
- South Health Campus

YOU ARE CALLED. YOU MATTER. YOU BELONG.



Liturgical Celebrations This Week

Thursday, October 15 – St. Teresa of Ávila

St. Teresa was a Carmelite nun, mystic, and Doctor of the Church. She dedicated her life to prayer, spiritual renewal, and helping others grow in friendship with God. Her example reminds us that prayer is the heart of our relationship with the Lord.

Friday, October 16 – St. Marie-Marguerite d'Youville

St. Marie-Marguerite d'Youville was a Canadian saint and the foundress of the Sisters of Charity of Montreal, known as the Grey Nuns. She devoted her life to caring for the poor, the sick, and those most in need. Her life inspires us to recognize Christ in every person we serve.

Saturday, October 17 – St. Ignatius of Antioch

St. Ignatius was an early bishop and martyr who remained faithful to Christ even in the face of persecution. On his journey to martyrdom, he encouraged Christians to remain united in faith and love. His courageous witness reminds us to place Christ at the center of our lives.

May the examples of these holy men and women inspire us to deepen our prayer, serve those in need, and remain faithful to Christ in our daily lives.

Catholic Education Sunday

October 17/18, 2026

YOU ARE CALLED. YOU MATTER. YOU BELONG.

CATHOLICCYC.CA/CATHOLICEDUCATIONSUNDAY

DONATE

Catholic Education Week is coming | Oct. 17–23

Catholic Education Week begins next week with the theme **"The Power of the Holy Spirit."** It is an opportunity to give thanks for the gift of Catholic education and the shared mission of home, parish and school in forming young people in faith, knowledge and service. Please keep our students, families, educators, clergy, trustees and all who support Catholic education in your prayers.

Catholic Education Sunday will follow on Oct. 17–18. The second collection that weekend supports Catholic education across the Diocese, including our Catholic schools, St. Mary's University and St. Joseph Seminary. This year, the Diocese of Calgary will also match, up to **\$250,000**, the funds from the collection that are distributed among our five Catholic school districts. You can donate to Catholic Education Sunday at catholiccycc.ca/catholiceducationsunday.



MASS INTENTIONS

October 1– 31, 2026

October 1	9:15 am	John Hoffart & Family †
October 2	9:15 am	Ella Fung †
October 3	9:00 am 5:00 pm	Mary Campbell † Our Parish
October 4	9:00 am—(Vulcan) 11:00 am 5:00 pm	Gerry McAuley † Jonathon & Family Rena Morrison
October 5	9:00 am	Patsy Bane
October 6	7:00 pm	Bruce Soch †
October 7	6:00 pm	Bereavement Mass
October 8	9:15 am	John Hoffart & Family †
October 9	9:15 am	Marcel Brossart
October 10	9:00 am 5:00 pm	Terry Van Wezel † Frank Charette †
October 11	9:00 am—(Vulcan) 11:00 am 5:00 pm	St. Andrew's CWL Sisters Our Parish Romeo & Rosalina Jalos-jos †
October 12	9:00 am	Anne Hemerling †
October 13	7:00 pm	Jonathon & Family
October 14	4:00 pm—(HR Hospital) 6:00 pm	"Ad Intentionem Dantis" SFDS CWL Sisters
October 15	9:15 am	Rena Morrison
October 16	9:15 am	John Gall †
October 17	9:00 am 5:00 pm	Edie Izyk † T.J
October 18	9:00 am—(Vulcan) 11:00 am 5:00 pm	Joan MacDougall † Jonathon & Family Our Parish
October 19	9:00 am	George & Antonina Sztuk †
October 20	7:00 pm	Mike & Sue Amatto
October 21	3:15 pm—(Seasons) 6:00 pm	"Ad Intentionem Dantis" Ruth Martinez †
October 22	9:15 am	Frank Charette †
October 23	9:15 am	Jerry, Raylene Rosell & Family
October 24	9:00 am 5:00 pm	Judy McLaughlin Our Parish
October 25	9:00 am—(Vulcan) 11:00 am 5:00 pm	Gerry McAuley † George & Mary-Ann Dearing Jovito Zerna Jr. †
October 26	9:00 am	Dominic Collucci †
October 27	7:00 pm	Adelina Collucci †
October 28	3:30 pm—(The Manor) 6:00 pm	"Ad Intentionem Dantis" Theresa Marra †
October 29	9:15 am	Kathy Setka †
October 30	9:15 am	Michael Ryan †
October 31	9:00 am 5:00 pm	Theresa Schipanni † Glenda Goudie



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DR. VALENTINE C. OGOKE, MD., B.Sc.

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Phone: (403) 652-2880 * Fax: (403) 652-2887

online booking: <http://vcmedicalclinic.ca/>

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