



St. Francis De Sales and St. Andrew Parish BULLETIN

14 JUNE 2026



Roman Catholic Parish
HIGH RIVER - VULCAN, AB



My flesh is true food and my blood is true drink.

Office

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Music Coordinator: Donna Abramson
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LORD'S DAY MASSES

Saturday 5:00 pm - High River
Sunday 9:00 am - Vulcan
Sunday 11:00 am - High River
Sunday 5:00 pm - High River

CONFESSIONS

Monday - Saturday: 45 minutes before Masses

XI SUNDAY IN ORDINARY TIME



11th Sunday in Ordinary Time

June 14,
2026



Sunday Readings

First Reading: (Exodus 19:1-6a) After fleeing from slavery in Egypt, the people of Israel have arrived at Sinai and are camped at the foot of the holy mountain where shortly God will establish a Covenant with them – including presentation of the Ten Commandments and the Law. We hear that “Moses went up to God” – an action that shows Moses’ unique position as the leader and “Covenant mediator” between the Israelites and the Lord. Speaking to Moses, God points to the saving action of the Exodus that the people have experienced in fleeing Egypt, namely: “how I bore you on eagles’ wings and brought you to myself.” God is moving them to the next step in the relationship – establishing the Covenant by which this people will become God’s people. Through this sacred Covenant, God intends to make the children of Israel “my treasured possession out of all the peoples... you shall be for me a priestly kingdom and a holy nation.”

Second Reading: (Romans 5:6-11) Paul’s words are an encouragement and a witness to the great mercy of God shown in Christ’s death on the cross, and the great “good news” of the “Kerygma” – that Christ has died for us, even though we don’t deserve it, and that by Christ’s action we are reconciled to God and we will be saved.

Gospel: (Matthew 9:36, 10:8) Discipleship involves mission. Seeing the crowds as “sheep without a shepherd” and recognizing that “the harvest is plentiful, but the labourers are few,” Jesus summons his 12 disciples and gives them authority and instructions. The disciples’ mission replicates and extends the mission of Jesus in preaching “the good news” that the Kingdom of God has come near, and in healing the sick, casting out demons, and raising the dead. For now, their mission is not to the Gentiles, but only to the people of Israel – later, after the death and resurrection of Jesus, the mission will be extended “to all nations” (Matthew 28:19).

For more information about these reflections, please contact Kiply Lukan Yaworski, Diocese Communications, 306-659-5844 or kyaworski@redos.ca.

The harvest is plentiful, but the labourers are few.

MATTHEW 9:36 - 10:8



The Ten Commandments?

After explaining the commandment to honor your father and mother, a Sunday School teacher asked her class if there was a commandment that teaches us how to treat our brothers and sisters.



One boy, the oldest in his family, immediately answered, “Thou shalt not kill.”

Submitted by Fr. Mariusz

Q&A Session

With Fr. Mariusz



Do you have a curious question about our faith?
You can send it in for Fr. Mariusz or Deacon Larry to answer.

Please email your question to secretary@francisdesaleshighriver.com and it will get answered in the bulletin.

Parish Website



Online Giving



PARISH Picnic

LEGEND OF THE ALTAR... KING OF THE HIGHWAY!

FAITH. FOOD. FELLOWSHIP. FUN!

SUNDAY 28 JUNE 2026

WE WILL START AFTER MASS AT 11:00 AM

HEY THERE! Just a quick heads up that for the upcoming event, it would be great if you could bring SALAD OR DESSERT. Looking forward to seeing you there!

WE WILL HAVE BURGERS & HOTDOGS!

Many parts, one body in Christ. TOGETHER IN FAITH, TOGETHER IN LOVE. 1 CORINTHIANS 12:12-27

Q&A Session

With Fr. Mariusz

**Fr. Marius Answers the
Liturgical Questions
from Parishioners**



Why Do We Have Holy Water at the Entrance of the Church?

Have you ever wondered why there is holy water at the entrance of our church and why Catholics dip their fingers into it before entering?

This beautiful tradition has deep roots in both Scripture and the history of the Church.

In the Old Testament, water was often used for purification before entering a sacred place.

God instructed the priests of Israel to wash before approaching the sanctuary. These rituals prepared God's people to come into His presence with reverence and devotion.

For Christians, water took on an even deeper meaning through the Sacrament of Baptism. Through the waters of Baptism, we become children of God and members of Christ's Church. From the earliest centuries, Christians recognized blessed water as a sign of God's blessing and protection. Over time, the Church began placing holy water near church entrances so that the faithful could recall their Baptism as they entered for worship. By the Middle Ages, holy water fonts had become a common feature in Catholic churches throughout the world.

When we enter the church and dip our fingers into the holy water, we should make the Sign of the Cross slowly and reverently: "In the name of the Father, and of the Son, and of the Holy Spirit."

This simple gesture is much more than a habit. It reminds us of three important truths:

First, it reminds us of our Baptism. We remember that we belong to Christ and have been welcomed into God's family.

Second, it is a prayer for purification. As we enter the house of God, we ask Him to cleanse our hearts and prepare us to worship Him worthily.

Third, it reminds us that we are entering a sacred place. Just as we prepare ourselves before visiting someone important, we prepare ourselves spiritually before coming into the presence of the Lord.

Many Catholics also bless themselves with holy water when leaving the church. In doing so, we remember that our faith does not remain inside the church building. We are sent forth to live as disciples of Christ in our homes, workplaces, schools, and communities.

The next time you enter the church, take a moment to pause. Dip your fingers into the holy water, make the Sign of the Cross with devotion, and thank God for the gift of your Baptism. This small gesture connects us with centuries of Catholic tradition and reminds us who we are: beloved sons and daughters of God.

Fr. Marius Sztuk, SDS



Dear Parishioners of St. Francis de Sales,

Grace and peace to you.

Over the past several years, our parish family has continued to grow and thrive. We are blessed with strong Mass attendance, vibrant parish activities, and a community that is deeply committed to the mission of Christ and His Church. With this growth comes the need to prepare for the future and ensure that our parish facilities continue to serve the needs of our community for many years to come.

As part of the Diocese of Calgary's **Multiplying Hope Campaign**, our parish has been exploring projects that will strengthen our parish infrastructure and support our mission. After careful consultation with the Parish Pastoral Council, Finance Council, the Diocese, and the Town of High River, we have identified two important projects that will help secure the future of our parish.

While our original Multiplying Hope proposal included both a parking lot expansion and the construction of a new rectory, after careful

consideration we have decided to proceed in phases. We will begin with the parking lot project and, once it is completed and fully paid for, we will turn our attention to building a new rectory closer to the church.

Phase One: Parking Lot Expansion and Renewal

Our immediate focus is the expansion and renewal of the church parking lot.

Anyone who attends our Sunday Masses, parish picnics, major celebrations, or funerals knows that parking has become increasingly limited. During many parish events, our parking lot reaches capacity, forcing parishioners and visitors to seek parking elsewhere.

In addition, the existing paved parking lot has reached the point where significant repairs will soon be required. Rather than addressing these issues separately, your Finance Council determined that it would be prudent and more cost-effective to complete the expansion and resurfacing as one comprehensive project.

The proposed project includes:

- Expanding the parking lot into the former rectory green space.
- Removal of five mature trees and redevelopment of the surrounding landscaped area.
- Regrading the property to ensure proper stormwater drainage.
- Construction of approximately 840 square metres of new asphalt parking area.
- Resurfacing approximately 850 square metres of the existing parking lot.
- Installation of new curbs, parking stall markings, and related improvements.

Extensive discussions have taken place with the Town of High River regarding planning requirements, drainage considerations, tree removal, landscaping, and parking design. Professional surveys and engineering work are currently underway to ensure that all municipal requirements are met.

Current estimates place the total project cost between **\$130,000 and \$150,000**.

This project will improve accessibility, increase parking capacity, enhance safety, and provide a more welcoming experience for parishioners and visitors alike.

Before any construction can begin, we must complete the necessary municipal approvals and fulfill the Diocese's requirements regarding fundraising and project approval. In the coming months, parishioners will hear more about our fundraising efforts and how everyone can participate in this important initiative. If our fundraising campaign is successful and we are able to satisfy diocesan policies and requirements, it is our hope to begin the parking lot project later this year.

Every gift, regardless of size, will help us move one step closer to making this project a reality. We ask for your prayers, support, and patience as we work through the final planning, approval, and fundraising stages.

Phase Two: Building a New Rectory

Once the parking lot project has been completed and finalized, we will begin work on the second phase of our vision: building a new rectory adjacent to the church.

Many parishioners will remember that before the 2013 flood, the rectory stood next to the church. Having the priest living on the parish property greatly supports the daily life of the parish. It allows for greater availability for pastoral care, easier access during emergencies, and a stronger connection between the priest and parish community.

Our goal is to construct a modest rectory that will provide living space for the pastor and occasional visiting clergy. Bringing the rectory back to the church property will strengthen parish life and help support ministry for many years to come.

The current residence occupied by the pastor could then potentially be used as a rental property, creating an additional source of income to help support parish operations and future needs.

While this second phase remains part of our long-term plan, our first priority is to successfully complete the parking lot project. Once that work is finished, we will evaluate the next steps, costs, and fundraising requirements for the rectory project.

How Does Multiplying Hope Help?

Through the Diocese of Calgary's Multiplying Hope Campaign, funds raised by our parish may qualify for diocesan matching support. This provides us with a unique opportunity to accomplish significant improvements while maximizing every dollar donated by parishioners.

Your generosity will help ensure that our parish remains welcoming, accessible, and prepared to serve future generations.

Looking Ahead

These projects are about much more than buildings, asphalt, or parking spaces. They are about strengthening the mission of St. Francis de Sales Parish. They are about creating a welcoming environment for worship, building a stronger parish community, and ensuring that our parish remains a vibrant home of faith for years to come.

As plans continue to develop, we will keep everyone informed regarding timelines, costs, fundraising goals, and opportunities to participate.

Thank you for your continued prayers, generosity, and commitment to St. Francis de Sales Parish. Together, through faith and hope, we can build a stronger future for our parish community.

May God bless you and your families.

Sincerely in Christ,

Fr. Mariusz Sztuk, SDS

Parish Priest

Parish Finance Council

Parish Pastoral Council

St. Francis de Sales Parish



Confession or Communion to the Homebound

If you are homebound and desiring to receive Communion or the Sacrament of Reconciliation, please call the parish office at 403-652-2203 or email Father Marius at fr-marius@francisdesaleshighriver.com to request a visit. He will do his best to schedule a visit with you

"The Eucharist is the secret of my day. It gives strength and meaning to all my activities of service to the Church and to the whole world. Let Jesus in the Blessed Sacrament speak to your hearts. It is he who is the true answer of life that you seek. He stays here with us: he is God with us. Seek him without tiring, welcome him without reserve, love him without interruption: today, tomorrow, forever."

- Pope Saint John Paul II



THIS WEEK AT SFDS

Sunday, June 14

9:00 – 10:00 AM – Mass (Vulcan)
11:00 – 12:00 AM – Mass (High River)
1:00 – 4:00 PM – Couples for Christ
4:00 – 5:00 PM – Confessions
5:00 – 6:00 PM – Mass

Monday, June 15

8:00 – 9:00 AM – Confession
9:00 – 9:45 AM – Mass
5:00 – 9:00 PM – CWL Wind-up

Tuesday, June 16

10:00 AM – 3:00 PM – Fr. Mariusz at Presbyteral Council Meeting at the Pastoral Centre
6:00 – 7:00 PM – Confessions
7:00 – 7:30 PM – Mass

Wednesday, June 17

3:15 – 3:45 PM – Mass at Seasons HR
4:00 – 4:30 PM – Liturgy at HR Hospital
5:00 – 6:00 PM – Confession
6:00 – 6:30 PM – Mass

Thursday, June 18

8:00 – 9:15 AM – Confession
9:15 – 10:00 AM – Mass
10AM – 9:00 PM – Adoration and Benedictio
12:30 – 3:00 PM – Fr. Mariusz at Deanery Meeting in Okotoks
7:00 – 8:30 PM – RCIA

Friday, June 19 – St. Romuald

8:45 – 9:15 AM – Confession
8:45 – 9:15 AM – Rosary
9:00 – 11:30 AM – TOPS Group Meeting
9:15 – 10:00 AM – Mass—Grade 2

Saturday, June 20

8:00 – 9:00 AM – Confession
8:30 – 9:00 AM – Rosary
9:00 – 9:30 AM – Daily Mass
4:00 – 5:00 PM – Confession
5:00 – 6:00 PM – Mass
6:00 – 9:00 PM – K of C COR Meeting



Sunday Offering

Did you know we now take Donations electronically! **You have the following options: Direct Debit, Visa, M/C.** We also have **E-transfer set up.**

The email address is donation@francisdesaleshighriver.com

If you are interested in switching over to one of these payment methods, please all Nancy in the church office at **403-652-2203** or email her at secretary@francisdesaleshighriver.com



Adoration

Please join us for Adoration after the 9:00 am Mass on Thursdays. **9:45 am—9:00pm.**

If you would like to come for an assigned time, please contact Nancy in the office at **403-652-2203** or email her at secretary@francisdesaleshighriver.com

All are welcome!



SFDS Ministry Schedule June 20 & 21, 2026

<u>Ministry</u>	<u>Sat. 5:00 pm</u>	<u>Sunday 11:00 am</u>	<u>5:00pm</u>
<u>Greeters</u>	Al G.	Arca's	*****
<u>Lector</u>	Sharon Susan	Sybil Liezl	Donna Rosemarie
<u>Choir</u>	Nancy & Rob's Choir	Nancy & Rob's Choir	*****
<u>Coffee Hosts</u>	N/A	N/A	N/A
<u>Share The Word</u>	N/A	Lee & Hannah	N/A

AN OINTING OF THE SICK

If you have been admitted to any of the following hospitals in Calgary and would like the Sacrament of Anointing of the Sick, you may contact your parish priest or call the Diocese of Calgary Call Center.

403-231-9505

Serving the following hospitals

- Alberta Children's Hospital
- Foothills Hospital
- Peter Lougheed Hospital
- Rockyview General Hospital
- South Health Campus



MASS INTENTIONS

June 1– 30, 2026

June 1	9:00 am	Wade Hamer †
June 2	7:00 pm	Bob Christianson †
June 3	6:00 pm	Juan Carlos Garcia Salas †
June 4	9:15 am	Fred & Anna Meyers †
June 5	9:15 am	Trevor Marshali †
June 6	9:00 am 5:00 pm	Mathew D'Sa Theresa Fallows †
June 7	9:00 am—(Vulcan) 11:00 am 5:00 pm	Our Parish Adovel Quintanilla † Carolyn Kuziw †
June 8	9:00 am	“Ad Intentionen Dantis”
June 9	7:00 pm	Jan Noad
June 10	4:00 pm (HR Hospital) 6:00 pm	Fr. Mariusz SFDS CWL Sisters
June 11	9:15 am	George , Antonina & Peter Sztuk †
June 12	9:15 am	Lynn Schaefer
June 13	9:00 am 5:00 pm	“Ad Intentionen Dantis” Our Parish
June 14	9:00 am—(Vulcan) 11:00 am 5:00 pm	St. Andrew's CWL Sisters Elvin Fuentes † Carolyn Kuziw †
June 15	9:00 am	Brenda Vogt †
June 16	7:00 pm	Dia Wallace-Chau
June 17	3:15 pm—(Seasons HR) 6:00 pm	“Ad Intentionen Dantis” Ann-Marie Stokes †
June 18	9:15 am	Jean Teebay †
June 19	9:15 am	George & Antonina Sztuk †
June 20	9:00 am 5:00 pm	“Ad Intentionen Dantis” Karen Barton
June 21	9:00 am—(Vulcan) 11:00 am 5:00 pm	“Ad Intentionen Dantis” Our Parish Carolyn Kuziw †
June 22	9:00 am	Darlene Gillis†
June 23	7:00 pm	Dia Wallace-Chau
June 24	3:30 pm—(The Manor) 6:00 pm	Allan Fath † Luvia Ochoa †
June 25	9:15 am	Toby Bryngelson
June 26	9:15 am	Lloyd Kennedy †
June 27	9:00 am 5:00 pm	“Ad Intentionen Dantis” Larry Rushford †
June 28	9:00 am—(Vulcan) 11:00 am 5:00 pm	Our Parish Bessie Amores † Carolyn Kuziw †
June 29	9:00 am	Judy Anderson †
June 30	7:00 pm	Theresa Fallows †



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