



St. Francis De Sales and St. Andrew Parish BULLETIN

18 JANUARY



Roman Catholic Parish
HIGH RIVER - VULCAN, AB



When Jesus had been baptized, he saw the Spirit of God coming upon him.

Office

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Contact Us

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Email: deaconldriver@gmail.com

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Sacramental Prep : Nancy Barton
Email: secretary@francisdesaleshighriver.com

Music Coordinator: Donna Abramson
Email: droseabramson@gmail.com

LORD'S DAY MASSES

Saturday 5:00 pm - High River
Sunday 9:00 am - Vulcan
Sunday 11:00 am - High River
Sunday 5:00 pm - High River

CONFESSIONS

Monday - Saturday: 45 minutes before Masses

SECOND SUNDAY IN ORDINARY TIME



2nd Sunday in Ordinary Time



Here is the
Lamb of God

WHO TAKES AWAY
THE SIN OF THE WORLD

YOU
ARE
called

2nd SUNDAY IN
ORDINARY TIME

January 18,
2026

Sunday Readings

First Reading: (Isaiah 49:3,5-6) Isaiah's words were initially addressed to a people suffering great difficulty. Describing God's providence, even in the womb, this passage emphasizes God's infinite care for the vulnerable and defenseless. The servant is now identified as Israel even while Isaiah's words continue to foreshadow a potential individual Messiah as well. In any case, God's plan of salvation is not limited to Israel but includes "the nations" and reaches "to the end of the earth."

Second Reading: (1 Corinthians 1:1-3) Pay attention to Paul's description of the Corinthian church at the start of his letter: its members are "sanctified" and "called to be saints." As further parts of this letter are read in the Sundays ahead, we will learn that the Corinthians were acting in anything but saintly ways. Paul's address "to the church of God that is in Corinth" could just as easily read "to the church of God that is in" – fill in the name of your own community.

Gospel: (John 1:29-34) The central thread in John's understanding of Jesus is that Jesus is the revelation of God's own divine self. Jesus' mission is to reveal the Father. This mission is passed on to each generation of followers. By taking within ourselves the revealed Word-made-flesh in Jesus, we become participants in the divine plan of being "a light to the nations." The suffering servant in Isaiah is fulfilled in Jesus and continued in every Christian. John's line "here is the Lamb of God ..." is likely included because these words had already established themselves as an integral part of worship in the early church.

For more information about these reflections, please contact Kiply Lukan Yaworski, Diocese Communications, 306-659-5844 or kjaworski@rcdos.ca.

Why do we come to church every Sunday?

Some say it's for the homily.

Some come for the music.

Some are here because their alarm clock won the argument. And a few are still wondering how they ended up sitting in *someone else's pew* again!

But the truth is, every Sunday we come together because God invites us — just as we are. Tired, joyful, distracted, hopeful, hungry (especially after Mass), and always in need of grace.

If you're feeling distracted today, don't worry — you're in good company.

If you're struggling to stay awake, the saints understand.

If your kids are restless, remember: a noisy church is a living church!

So relax, smile, sing even if you're off-key, and pray even if your thoughts wander. God is not impressed by perfection — but He delights in our presence.

Welcome home, and may this Sunday bring you peace, laughter, and maybe even the *right pew* this time!

Have a blessed Sunday

Submitted by Fr. Mariusz



Faithfully

Have you signed up for Faithfully? It's a Magazine from the Diocese with some great articles. It replaces the Carillon we used to get.

Some highlights:

New Year's Message from Bishop McGrattan

Upcoming events:

-Fun Night with the Sisters

-Organ for Pianist - Sacred Music Workshop

-Marriage Enrichment Workshop-Career Opportunities.....and more

BISHOP MCGRATTAN

Crossing into the New Year with the Holy Family

The Jubilee Year has closed, but its grace is meant to be lived on. Bishop McGrattan reflects on how family life carries that hope forward.

[READ NOW](#)

Faithfully
FAITH · LOVE · HOPE

YOU ARE CALLED
YOU ARE
YOU belong
CATHOLIC · CATHOLIC · CATHOLIC

To subscribe, go to the Diocese website <https://www.catholiccy.ca/>

Online Giving



Parish Website



SFDS GAME NIGHT

TRY A GAME, TEACH A GAME!

Bring your fave boardgames, cardgames, and snacks for a fun time of gaming and fellowship.

Children under 13 must be accompanied by a parent or guardian.

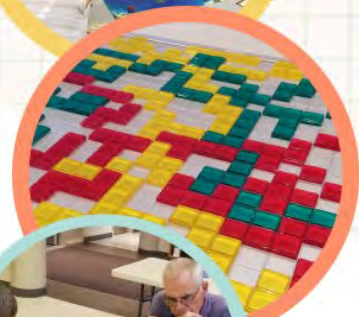
NOTE: February & March game nights will take place on Saturday.

6:00 PM

JANUARY 23, 2026

FEBRUARY 21, 2026

MARCH 28, 2026



PLEASE JOIN US

ALBERTA LIFE ISSUES EDUCATIONAL SOCIETY

A.L.I.E.S.

AN INTERDENOMINATIONAL CHRISTIAN
NON-PROFIT ORGANIZATION WITH A MISSION
TO PROMOTE LIFE-AFFIRMING OPTIONS TO
PEOPLE FACING LIFE-ALTERING DECISIONS IN
ALBERTA.



COME AND HEAR HOW A.L.I.E.S. IS TRANSFORMING
OUR CULTURE AND LEARN ABOUT HOW WE CAN
RESPOND TO LIFE ISSUES WITH TRUTH AND LOVE.

MONDAY, JANUARY 26, 7:00 - 8:30 PM
ST. FRANCIS DE SALES CATHOLIC
CHURCH, HIGH RIVER



About ALIES



Image: "The Meeting of Joachim and Anne Outside the Golden Gate of Jerusalem," by Filippino Lippi, 1497

MARRIAGE ENRICHMENT WORKSHOPS

The Diocese of Calgary invites married couples to strengthen their relationship through practical and faith-based workshops.

\$20 FEE PER SESSION*

*Discounted rate of \$75 if registering for ALL sessions

FOR MORE INFORMATION
Call 403-218-5521
mara.capilli@calgarydiocese.ca

THURSDAY AT 7 PM
JAN 22, 2026
Communication

THURSDAY AT 7 PM
FEB 19, 2026
Forgiveness

THURSDAY AT 7 PM
MAR 19, 2026
Conflict Resolution

THURSDAY AT 7 PM
APR 23, 2026
Marriage & Sexuality

THURSDAY AT 7 PM
MAY 21, 2026
Financial Stewardship

LOCATION

Catholic Pastoral
Centre, 120 17th Ave SW
Calgary, AB



REGISTER
HERE



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OPEN HOUSE!

February 3
From 6-8pm

You do not need to
be registered to
attend

KINDERGARTEN REGISTRATION IS OPEN!

PROGRAMMING OPTIONS
INCLUDE:

**FULL DAY/FIVE DAYS
PER WEEK**

**TWO FULL DAYS PER
WEEK**

- Optional nature-inspired outdoor programming
- Students must be 5 years of age by December 31, 2026



Registration also open for ALL other grades

403-652-2889



www.holyspirit.redeemer.ab.ca

YOU ARE INVITED TO CELEBRATE OUR PATRON

SAINT



DINNER PATRON FEAST

AFTER 11:00 AM MASS
25 January, 2026
PARISH HALL - CATHOLIC
CHURCH - HIGH RIVER



Potluck: Bring a salad, main dish, or dessert.
Roasted Pigs and Beverages will be provided.

FRANCIS DE SALES,
BISHOP

THERE IS
ONE BODY
AND
ONE SPIRIT.
JUST AS YOU ARE CALLED TO THE
ONE HOPE
OF YOUR CALLING
EPHESIANS 4:4

Week of Prayer
for Christian
Unity 2026

SUN, JAN 18

St. Mary's Cathedral
Noon Mass with Bishop
William T. McGrattan

MON, JAN 19

FCJ Retreat Centre
5:30 pm at the Chapel

WED, JAN 21

Sainte-Famille Church
10:30 am (in French)

WED, JAN 21

Mount Royal University
12 pm at I-143 Room
(Christian Chaplaincies)

WED, JAN 21

Ascension Catholic Parish
6 pm at the church

THU, JAN 22

St. Michael Catholic
Community
Messianic Movement and
Catholic Church 7-8:30 pm

THU, JAN 22

Westminster Presbyterian
12:30 pm at the church

JAN 19-23

CCSD Schools
Prayer services at the Calgary
Catholic School District

For more information about the Week of
Prayer for Christian Unity, please visit
WEEKOFPRAYER.CA



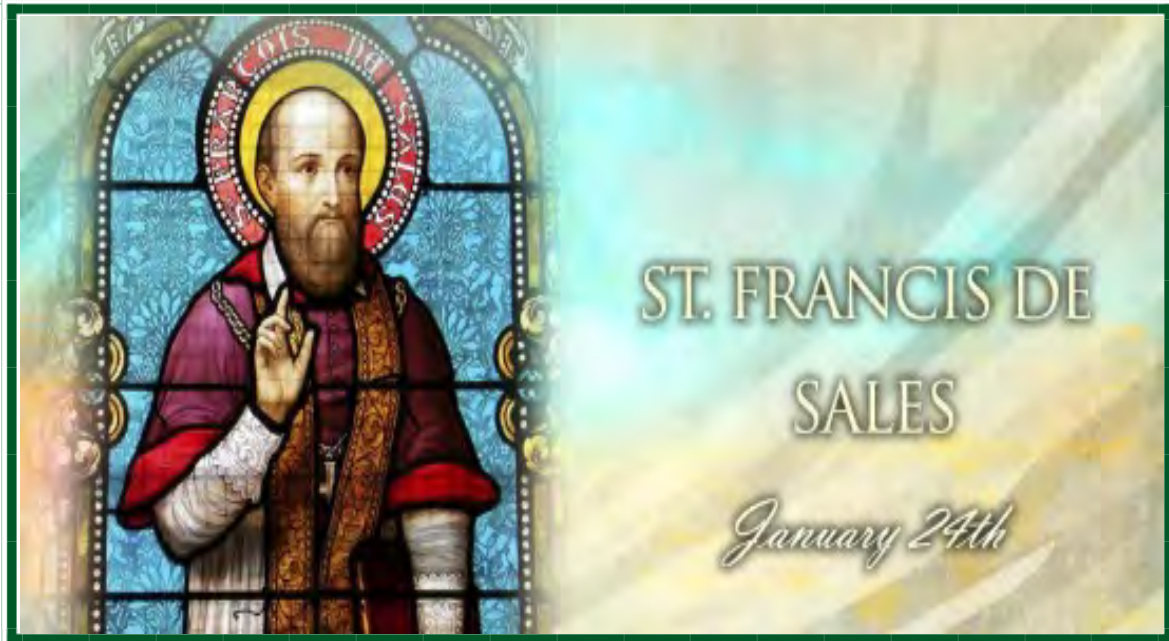
World Day for
Consecrated Life

MASS WITH BISHOP MCGRATTAN

CANDLEMAS | FEAST OF THE
Presentation of the Lord

Monday, February 2, 2026 at 5 pm
St. Mary's Cathedral, Calgary





St. Francis de Sales — Our Gentle Patron and Friend

St. Francis de Sales, Bishop and Doctor of the Church, is not only the patron of our parish, but a true spiritual friend and guide. Born in 1567, he lived in challenging and divided times, yet he chose a path of patience, kindness, and deep trust in God. As Bishop of Geneva, he touched countless hearts not through forceful words, but through gentle love, quiet perseverance, and genuine concern for every soul he met.

St. Francis de Sales believed that holiness is possible for everyone—young and old, families and singles, the busy and the tired. He encouraged people to find God in daily life, teaching that love, humility, and joy are the true signs of a faithful heart. His writings, especially *Introduction to the Devout Life*, continue to inspire generations with their warmth, simplicity, and practical wisdom. For this reason, the Church honors him as the patron saint of writers and communicators.

As our parish patron, St. Francis de Sales invites us to be a community marked by kindness, patience, and sincere care for one another. He gently reminds us that faith grows best where there is love, and that true strength is shown through compassion.

To celebrate and honor St. Francis de Sales, we warmly invite our entire parish family to a **special celebration on January 25:**

- **Mass at 11:00 AM**
- **Parish Potluck following Mass**
- Please bring a **salad, main dish, or dessert**
- **Roasted pigs and beverages will be provided**

Come and celebrate together in prayer, thanksgiving, and joyful fellowship. Let us gather as one parish family, inspired by the gentle heart of St. Francis de Sales, and share a meal, laughter, and time together. Everyone is most welcome!



Confession or Communion to the Homebound

If you are homebound and desiring to receive Communion or the Sacrament of Reconciliation, please call the parish office at 403-652-2203 or email Father Marius at fr-marius@francisdesaleshighriver.com to request a visit. He will do his best to schedule a visit with you

"The Eucharist is the secret of my day. It gives strength and meaning to all my activities of service to the Church and to the whole world. Let Jesus in the Blessed Sacrament speak to your hearts. It is he who is the true answer of life that you seek. He stays here with us: he is God with us. Seek him without tiring, welcome him without reserve, love him without interruption: today, tomorrow, forever."

- Pope Saint John Paul II



Sunday Offering

Did you know we now take Donations electronically! **You have the following options: Direct Debit, Visa, M/C.** We also have **E-transfer set up.**

The email address is donation@francisdesaleshighriver.com

If you are interested in switching over to one of these payment methods, please all Nancy in the church office at **403-652-2203** or email her at secretary@francisdesaleshighriver.com



Adoration

Please join us for Adoration after the 9:00 am Mass on Thursdays. **9:45 am—9:00pm.**

If you would like to come for an assigned time, please contact Nancy in the office at **403-652-2203** or email her at secretary@francisdesaleshighriver.com

All are welcome!



THIS WEEK AT SFDS

Sunday, January 18

9:00 – 10:00 AM – Mass (Vulcan)
11:00 – 12:00 PM – Mass (High River)
4:00 – 5:00 PM – Confessions
5:00 – 6:00 PM – Mass

Monday, January 19

8:00 – 9:00 AM – Confession
9:00 – 9:45 AM – Mass

Tuesday, January 20

6:00 – 7:00 PM – Confessions
7:00 – 7:45 PM – Mass
7:45–8:45 pm— Valentines Planning Meeting

Wednesday, January 21—ST. AGNES, VIRGIN, MARTYR(M)

3:15 – 3:45 PM – Mass at Seasons
4:00 – 4:30 PM – Liturgy at the Hospital (Tentatively)
5:00– 5:45 PM - Confessions
6:00–6:30 PM - Mass

Thursday, January 22

8:00 – 9:15 AM – Confession
9:15 - 10:00 AM - Mass
10:00 – 9:00 PM – Adoration and Benediction
7:00 – 8:30 PM – RCIA

Friday, January 23

8:00 - 9:15 AM - Confession
8:45 – 9:15 AM – Rosary
9:15 – 10:00 AM – Mass
9:00 – 11:30 AM – TOPS Group (East Hall)
6:00–9:00 PM— SFDS Games Night

Saturday, January 24— ST. FRANCIS DE SALES, BISHOP, DOCTOR (M)

6:45 – 7:00 AM – Confession
7:00 – 7:30 AM – Daily Mass
4:00 – 5:00 PM – Confession
5:00 – 6:00 PM – Vigil Mass



SFDS Ministry Schedule

January 17 & 18, 2026

<u>Ministry</u>	<u>Sat. 5:00 pm</u>	<u>Sunday 11:00 am</u>	<u>5:00pm</u>
Greeters	Al	Offie & Lena	*****
Ushers	K of C	K of C	K of C
Lector	Toni & Joyce	Don & Jessieca	Brandt & Kathy
Choir	Nancy & Rob's Grp.	Nancy & Rob's Grp.	*****
Share The Word	N/A	Bridget & Diane	N/A
Coffee Hosts	N/A	?	N/A

*"For it is
in
giving
that
we
receive."*
~ St. Francis of Assisi



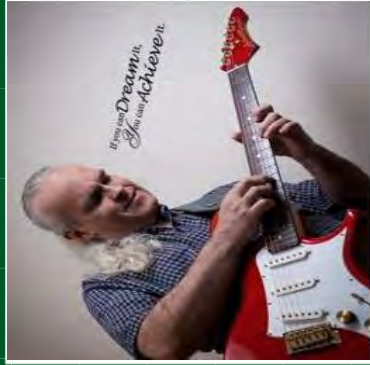
If you are in the hospital, and are **Roman Catholic**, please insure you or a family member contacts Nancy in the Church Office at 403– 652-2203. This will ensure that you will be visited by the Priest or Pastoral Care Team.



MASS INTENTIONS

January 1– 31, 2026

January 1	11:00 am	Edna Lim †
January 2	9:15 am	Xavier Aninger
January 3	9:00 am 5:00 pm	Clint Malinowski † Marian MacDonald †
January 4	9:00 am—(Vulcan) 11:00 am 5:00 pm	Our Parish Carolyn Kuziw † Harvey Wenger †
January 5	9:00 am	Bernie O'Donnell †
January 6	7:00 pm	Victor Zelinski †
January 7	6:00 pm	Bereavement Mass
January 8	9:15 am	Toby Ann Bryngelson
January 9	9:15 am	Jerome Schmitz †
January 10	9:00 am 5:00 pm	Michael Floresca † Our Parish
January 11	9:00 am—(Vulcan) 11:00 am 5:00 pm	St. Andrew's CWL Sisters Frank Paslawski † Carolyn Kuziw †
January 12	No Mass	*****
January 13	7:00 pm	Dominador Jalosjas †
January 14	4:00 pm—(HR Hospital) 6:00 pm	Cesar Diogo † SFDS CWL Sisters
January 15	9:15 am	Victor Zelinski †
January 16	9:15 am	Victor Zelinski †
January 17	9:00 am 5:00 pm	Bessie Amores † Victor Zelinski †
January 18	9:00 am—(Vulcan) 11:00 am 5:00 pm	R. Bagozzi Family Our Parish Carolyn Kuziw †
January 19	9:00 am	George & Antonina Sztuk †
January 20	7:00 pm	Lillian Schmitz †
January 21	3:15 pm (Seasons HR) 6:00 pm	Vince Treadgold † Eladio Restauero †
January 22	11:00 am	Alijandro & Milagros Floresca †
January 23	9:15 am	Timothy Zac †
January 24	9:00 am 5:00 pm	Francis Kyrluk † Val Schey & Family
January 25	9:00 am—(Vulcan) 11:00 am 5:00 pm	Our Parish Cathy Munro Carolyn Kuziw †
January 26	9:00 am	Cathy Nesselbeck †
January 27	7:00 pm	Caroline Chicilo†
January 28	3:30 pm—(The Manor) 6:00 pm	Alan Fath † Betty Ann Smart
January 29	9:15 am	Felix & Carmen Amores †
January 30	9:15 am	Cathy Jensen
January 31	7:00 am 5:00 pm	Mike & Sue Amatto Pam Beker †



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