

## HOW TO CELEBRATE



# Reconciliation

This is my commandment, that you love one another as I have loved you. JOHN 15:12

1

In the name of the Father, and of the Son, and of the Holy Spirit, Amen. †



Amen.

† In the name of the Father, and of the Son, and of the Holy Spirit, Amen.



THE PRIEST MAY SAY THESE OR SIMILAR WORDS:

May God, who has enlightened every heart, help you to know your sins and trust in his mercy.

A SHORT TEXT OF SCRIPTURE MAY BE READ.

2

YOU CONFESS YOUR SINS TO THE PRIEST, SIMPLY AND SINCERELY:

My sins are \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_



WHEN YOU HAVE FINISHED, SAY:

For these and all my sins, I am truly sorry.



THE PRIEST GIVES SOME WORDS OF ADVICE OR ENCOURAGEMENT.

HE GIVES YOU PENANCE, AND INVITES YOU TO PRAY AN ACT OF CONTRITION.

3

ACT OF CONTRITION  
My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Saviour Jesus Christ suffered and died for us. In his name, my God, have mercy.



YOU MAKE THE SIGN OF THE CROSS WITH THE PRIEST †



THE PRIEST EXTENDS HIS HANDS OVER YOU AND GIVES YOU ABSOLUTION IN THE NAME OF JESUS.

..., I absolve you from your sins, in the name of the Father, and of the Son, + and of the Holy Spirit.

4

Thanks be to God.



YOU MAY NOW GO TO DO YOUR PENANCE AND THANK JESUS FOR GIVING YOU HIS NEW LIFE OF GRACE.



Go in the peace of Christ.