



# St. Francis De Sales Parish BULLETIN



3 MARCH 2024

Roman Catholic Parish  
HIGH RIVER - VULCAN, AB



## Office

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Email: francisdesales@shaw.ca

Music Coordinator: Donna Abramson  
Email: droseabramson@gmail.com

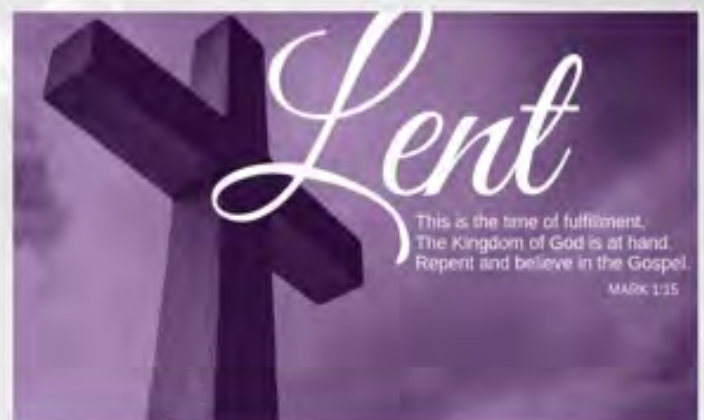
## LORD'S DAY MASSES

Saturday 5:00 pm - High River  
Sunday 9:00 am - Vulcan  
Sunday 11:00 am - High River

## CONFESSIONS

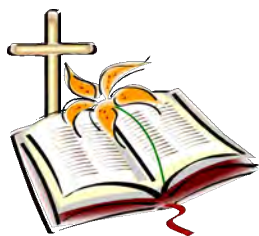
Monday - Saturday: 45 minutes before Masses

## III SUNDAY OF LENT



# Third Sunday of Lent

March 3,  
2024



## Sunday Readings

**First Reading:** (Exodus 20: 1-3, 7-8, 12-17) Notice in today's First Reading that God did not originally command animal sacrifices—only that Israel heed His commandments (see [Jeremiah 7:21-23](#); [Amos 5:25](#)).

**Second Reading:** (1 Corinthians 1:18, 22-25) This is the "sign" Jesus offers in the Gospel today—the sign that caused Jewish leaders to stumble, as Paul tells us in the Epistle.

**Gospel:** (John 2:13-25) Jesus does not come to destroy the temple, but to fulfill it (see [Matthew 5:17](#))—to reveal its true purpose in God's saving plan. He is the Lord the prophets said would come—to purify the temple, banish the merchants, and make it a house of prayer for all peoples (see [Zechariah 14:21](#); [Malachi 3:1-5](#); [Isaiah 56:7](#)).

<https://stpaulcenter.com/reflections> for more info.

## DRY INSIDE

There is a powerful scene in the movie, *The Godfather*, where Don Corleone is forced to visit the distinguished Cardinal Lamberto to tell him the bad news that a legitimate business deal involving the Vatican Bank has gone bad. The bank is run by the Archbishop and a coalition of Catholic businessmen. The Cardinal listens to the Godfather; then the Cardinal says something quite profound. He picks up a stone and says, "Look at this stone. It has been lying in the water for a very long time. The water has not penetrated it." Then he smashes the stone. "Look," he says peering at the smashed insides of the stone, "perfectly dry. The same thing," the Cardinal continues, "has happened to men in Europe. They have been surrounded by Christianity for centuries, but Christ does not live in their hearts."

This is what happened in the Temple in Jesus' time. There were people there who had been surrounded by the Temple for years, but the God of the Temple had not been allowed to enter their lives nor penetrate their hearts. As St. Paul once put it, "They had the form of godliness, but not the real thing." The hardest hearts in this world are not among the ungodly but among the Godly.



World Day of Prayer



## WORLD DAY OF PRAYER - MARCH 1

The World Day of Prayer is observed annually on the First Friday in March. It is an invitation for Christians to pause and pray together ecumenically and recall our Christian responsibility to be sensitive to the signs of the times so that we might bring a more authentically Christian dimension to the concern of our world, our country, and our community. Sponsored by the Women's Inter-Church Council of Canada and its national counterparts around the world, it is celebrated in approximately 165 countries.



The High River Pro Life meeting will be on **March 4, 2024**, at **7:00 pm** at the church. **All are welcome!**



## Lenten Penitential Service



Please join us for Mass on **March 20, 2024 @ 6:00 pm** followed by our **Lenten Penitential Service**. There will be a few priests available to hear your confession. All are welcome!

**Please Note:** Confession is also 45 minutes before masses



## Preparing for a Happy Death and the Life to Come

A course for compassionate Catholics, caregivers, and people who are dying

All Parishioners are invited to the last session of "Preparing for a **Happy Death and the Life to Come**" which will be in the church hall from **7:00 - 9:00** on **Tuesday March 05**, and will address **Catholic Sacraments and Funeral Rites**.

Fr Mariusz will be present to answer questions.

As well **Craig Snodgrass from Lyle Reeves** will be bringing funeral preplanning Booklets and discuss cremation versus burial.



Photo By: joseflo

## Stations of the Cross / Soup and Buns

Please join us for Stations of the Cross held **every Friday** during Lent, **Feb. 23—Mar. 22, 2024** at 6:30 pm followed by soup and buns. **All Are Welcome!**

**Please Note:** Stations of the Cross will be at 5:00 pm at St. Andrew's, Vulcan

Date	Ministry
March 1, 2024	Couples for Christ
March 8, 2024	CWL
March 15, 2024	Notre Dame/Holy Spirit School
March 22, 2024	Knights of Columbus

**Confession or Communion to the Homebound**

If you are homebound and desiring to receive communion or the Sacrament of Reconciliation, please call the parish office at 403-652-2203 or email Father Marius at [dzambel@me.com](mailto:dzambel@me.com) to request a visit. He will do his best to schedule a visit with you



*"The Eucharist is the secret of my day. It gives strength and meaning to all my activities of service to the Church and to the whole world. Let Jesus in the Blessed Sacrament speak to your hearts. It is he who is the true answer of life that you seek. He stays here with us: he is God with us. Seek him without tiring, welcome him without reserve, love him without interruption: today, tomorrow, forever." Saint John Paul II*



**Sunday Offering**

Did you know we now take Donations electronically!  
**You have the following options:**  
 Direct Debit, Visa, Master Card. We also have E-transfer set up. The email address is

[donation@francisdesaleshighriver.com](mailto:donation@francisdesaleshighriver.com)

If you are interested in switching over to one of these payment methods, please call Nancy in the church office at 403-652-2203 or email her at [francisdesales@shaw.ca](mailto:francisdesales@shaw.ca)



**Adoration**

Please join us for our Adoration after the 9:00 am mass on Thursdays, **from 9:45 am—9:00pm.** If you would like to come for an assigned time, please contact Nancy in the office at **403-652-2203** or email her at [francisdesales@shaw.ca](mailto:francisdesales@shaw.ca)  
**All are welcome!**

TOGETHER | 2024  
 in ACTION



God will fully satisfy every need of yours according to His riches in glory in Christ Jesus

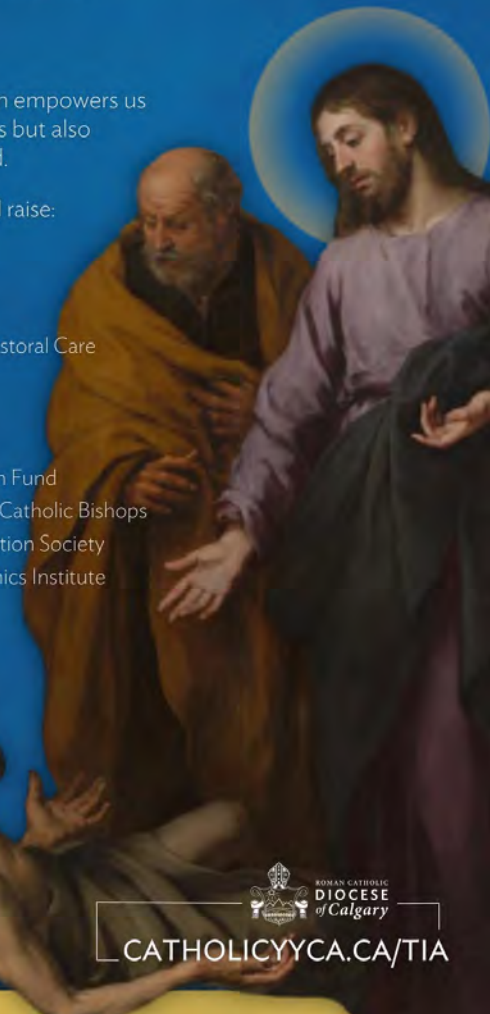
*Philippians 4:19*

**E**mbracing God's divine plan empowers us not only to enrich our own lives but also positively impact those in need.

The 2024 Together in Action will raise:

**\$2 MILLION**

- 24.5% Care of Retired Priests
- 19.5% Hospital Chaplaincy & Pastoral Care
- 2.7% Ministries Support
- 3.8% Mission Council
- 5% Elizabeth House
- 29.9% Indigenous Reconciliation Fund
- 9.85% Canadian Conference of Catholic Bishops
- 3.5% Calgary Catholic Immigration Society
- 1.25% Canadian Catholic Bioethics Institute



**YOU ARE called**  
 YOU MATTER. YOU BELONG.



[CATHOLICYCA.CA/TIA](http://CATHOLICYCA.CA/TIA)

TOGETHER | 2024  
 in ACTION

Thank you for your contribution to last year's Together in Action. Your generous donation continues to support the ministries that make a positive difference in the world.

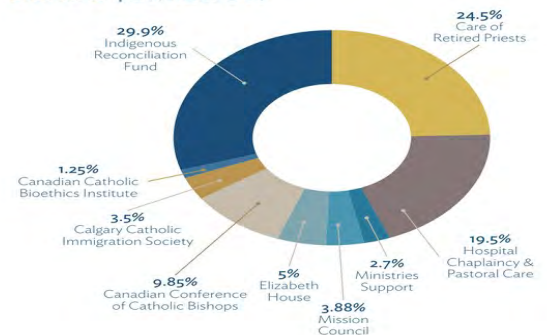
The theme for this year's Together in Action is taken from Philippians 4:19, "God will fully satisfy every need of yours according to His riches in glory in Christ Jesus." This reminds us that we become a bright light in this dark world and bring glory to His name whenever we care for others and serve them.

This year, our Parish goal is **\$24,643.00**.

If we have a surplus, we will be putting it towards the cost of maintaining our 3 furnaces. You can drop off your donation for TIA through the Parish Office or put in an envelope marked "TIA" and drop in the offering basket on Saturday or Sunday, or you can E-Transfer to [donation@francisdesaleshighriver.com](mailto:donation@francisdesaleshighriver.com)

You can also donate online via [cathocyca.ca/TIA](http://cathocyca.ca/TIA). For more information about TIA, please visit the Diocesan Website [cathocyca.ca/TIA](http://cathocyca.ca/TIA). Let us continue to foster a more compassionate world through acts of charity and love, and thank you

**2024 DIOCESAN GOAL IS \$2 MILLION**






**WAY TO THE Father**  
27<sup>th</sup> Annual Men's Conference

March 22, 6 pm - 9 pm  
& March 23, 9 am - 4 pm



GUEST SPEAKERS  
**JON LEONETTI**

Ascension Parish, 1100 Berkshire Blvd NW, Calgary, AB  
**BR. SIMON & CHRISTOPHER**  
SEEDS OF THE WORD COMMUNITY

Info Detail: [www.godsquad.ca](http://www.godsquad.ca)

God Squad Canada is hosting its 27th annual Men's Conference called

*"The Way to the Father"*

on **March 22-23, 2024** at Ascension Catholic Parish in Calgary.

Jon Leonetti is a best-selling author, an internationally recognized Catholic Speaker, a radio host, and our keynote speaker. He shares in the joys and challenges that so many of us, as men, do.

Jon, along with Brother Simon of the Seeds of the Word Community in Calgary will be educating and inspiring us, ultimately bringing us into a deeper relationship with God the Almighty Father.



### St. Francis de Sales CWL Easter Basket Sales

Once again, the CWL is having our Easter Basket Ticket Sale fundraiser.

**We have 4 beautiful baskets, 2 adults and 2 children's.**

Ticket Sales commence on the following dates:  
**Sat., March 2, 2024 to Sunday, March 17, 2024**  
after all Masses in the Church Hall. Draw will be made on Palm Sunday, March 24, 2024.

**Cost of tickets:**

\$5.00 each or 3 for \$10.00

You can purchase tickets at the church after Masses or by E-Transfer.

**E-transfer works as follows:**

- You must purchase a minimum of \$10.00 worth of tickets.
- You can send your e-transfer to "sfscwl25@gmail.com".

Please indicate in the message area of the transfer your phone number and your ticket distribution (i.e. 3 adults or 1 adult and 2 children) All Proceeds will be donated to HR Pro Life and Narrow Road Home here in High River.

**Thank you so much for your support for these very worthwhile causes.**

The CWL Committee:

Barb Wiszt, Alice Sanregret, Bae Taylor



**ROWAN HOUSE SOCIETY**

### Donations for Rowan House



As everyone knows the CWL had a very successful Christmas Bake Sale in December and the membership have decided to donate all of the funds to Rowan House. Rowan House, located in High River, offers emergency shelter for women and children dealing with domestic abuse.

Being we are a ladies group, we should contribute to the needs of this organization and therefore these are some of the items required :

**Essential Basics:**

**New\*** bras/underwear (all sizes, especially S,L) **New\*** pajamas (all sizes) **New\*** bath towels, **New\*** twin size linens, nail clippers, tweezers, laundry baskets, baby wipes, baby bibs, baby shampoo, soap, hand lotion, **New\*** Boys clothing ( sizes 5-17), **New\*** children's underwear (sizes 3-12).

**Food:**

Canned vegetables, canned meat, baby formula, baby food, baby snacks.

**Other Supports:**

Journals/Notebooks, Walmart Gift Cards, Gas Station Gift Cards, Grocery Store Gift Cards, Dollar Store Gift Cards, Long-distance Calling Cards, On-It Passes, Duffle Bags/luggage

**Around the Shelter:**

Antibacterial Wipes, Toilet Paper, Facial Tissue, Laundry Detergent, Fabric Softener, Dryer Sheets.

**Choosing items from this list ensures the greatest, direct impact to the clients.**  
**\*Please note:** due to health and safety concerns, Rowan House cannot accept used clothing or linens.

**Bins will be located in the Church Hall for your contributions.**

# 2024 Rite of Election



*RCIA 2024  
Francis De Sales Parish  
High River, AB*



### **INDULGENCE FOR PRAYING STATIONS**

*Pray the Stations and obtain an indulgence for the Holy Souls in Purgatory or for yourself.*

*This is what you do...*

**1)** *Pray the Stations of the Cross in a church or outside where the stations have been lawfully erected, and meditate upon the Passion and Death of Our Lord, even briefly. Movement from one station to the next is required unless you are doing them as a group.*

**2)** *Have the intention to receive the indulgence and, in addition, to gain a plenary indulgence, one must be free from all attachment to sin, even venial sin, and fulfill the following three conditions:*

*\* Receive sacramental Confession about 20 days before or after the indulgenced prayer is offered. One sacramental Confession suffices for several plenary indulgences.*

*\* Receive Holy Communion for each plenary indulgence sought.*

*\* Pray for the holy intentions of the Supreme Pontiff for each plenary indulgence sought. Praying at least one Our Father and one Hail*

***Mary fully satisfies this condition.***

*It is appropriate, but not necessary, that the sacramental Confession, and especially Holy Communion and the prayer for the Pope's intentions, take place on the same day that the indulgenced work is performed; but it is sufficient that they are carried out within several days (about 20) before or after the indulgences act.*

***Reminder: Why Indulgences?***

*An indulgence is a remission before God of the temporal punishment still due for sins whose guilt has been forgiven in the Sacrament of penance. Every sin, whether venial or mortal, incurs a debt or stain of sin, also called temporal punishment. Indulged prayers and practices are effective ways of making satisfaction to God's justice for this debt that we owe for our sins. If we do not pay the debt of temporal punishment here on earth, our purification will take place in Purgatory. There are **two types of indulgences: plenary and partial.***

***A plenary indulgence*** *can be gained only once a day. If gained, it removes all of the temporal punishment still due for sin.*

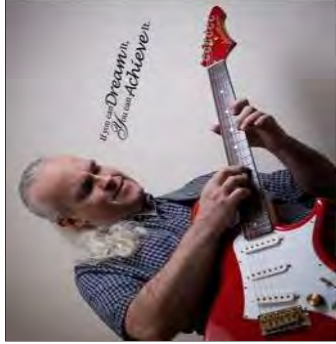
***A partial indulgence*** *can be gained multiple times in a day to remove part of the temporal punishment due for sin. In order to be capable of gaining indulgences, one must be baptized, not excommunicated, and in the state of grace at least at the time of the completion of the indulgences act.*



MASS INTENTIONS

# March 1– 31, 2024

March 1	9:15 am	George & Antonina Sztuk †
March 2	9:00 am 5:00 pm	Stewart Curzon Tim McLean †
March 3	9:00 am—(Vulcan) 11:00 am	St. Andrew's CWL Sisters Our Parish
March 4	9:00 am	Stewart Curzon
March 5	7:00 pm	Aiden Bateman
March 6	6:00 pm	Sam Wambeke †
March 7	9:15 am	John Hoffart Jr. †
March 8	9:15 am	Michelle Schaefer †
March 9	9:00 am 5:00 pm	Stewart Curzon JF Tetreault
March 10	9:00 am—(Vulcan) 11:00 am	Our Parish Ellen Mehrer †
March 11	9:00 am	Stewart Curzon
March 12	7:00 pm	Melissa & Amanda Families
March 13	4:00 pm (HR Hospital) 6 :00 pm	Theresa Fallows † SFDS CWI Sisters
March 14	9:15 am	Stewart Curzon
March 15	9:15 am	Michael Loge
March 16	9:00 am 5:00 pm	Nick Baldwin Ken & Carmelina MacKenzie †
March 17	9:00 am—(Vulcan) 11:00 am	Our Parish Patrick & Gerard Farrell †
March 18	9:00 am	Paul Emile Busque †
March 19	7:00 pm	George & Antonina Sztuk †
March 20	3:15 pm—(Seasons HR) 6:00 pm	Sam Wambeke † Zachary Thomas McCarter †
March 21	9:15 am	James Leible †
March 22	9:15 am	John Lupyczuk
March 23	9:00 am 5:00 pm	Hilary Gabie & Family Jemarie Pascual †
March 24	9:00 am—(Vulcan) 11:00 am	Our Parish Bridy Farrell †
March 25	9:00 am	Cathy Nesselbeck †
March 26	7:00 pm	Debbie Muller
March 27	3:30 pm—(The Manor) 6:00 pm	George & Antonina Sztuk † Seth Baldwin
March 28	7:00 pm	<b>Holy Thursday</b>
March 29	3:00 pm	<b>Good Friday</b>
March 30	10:00 am 8:00 pm	<b>Blessing of The Food</b> Tim McLean † <b>Easter Vigil</b>
March 31	9:00 am—(Vulcan) 11:00 am	Our Parish Rita Farrell <b>Easter Sunday</b>



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