



# St. Francis De Sales Parish BULLETIN



29 OCTOBER 2023

Roman Catholic Parish  
HIGH RIVER - VULCAN, AB



## Office Hours

St. Francis de Sales Parish  
206 - 9th Avenue West,  
High River, Alberta T1V 1A4

Office Phone # 403-652-2203  
Fax # 403-601-3886  
Email: francisdesales@shaw.ca

## Contact Us

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Email: deaconldriver@gmail.com

Secretary: Nancy Barton  
Email: francisdesales@shaw.ca  
Phone: 403-652-2203  
Sacramental Prep : Nancy Barton  
Email: francisdesales@shaw.ca

Music Coordinator: Donna Abramson  
Email: droseabramson@gmail.com

## LORD'S DAY MASSES

Saturday 5:00 pm - High River

Sunday 9:00 am - Vulcan

Sunday 11:00 am - High River

## CONFESSIONS

Monday - Saturday: 45 minutes before Masses

## XXX SUNDAY IN ORDINARY TIME



# 30th Sunday in Ordinary Time

October 29, 2023



Photo by: parroquimadrdeijos

## Sunday Readings

**First Reading:** (Exodus 22:21-27) We must give ourselves totally to God—loving with our whole beings, with all our heart, soul, and mind. Our love for our neighbor must express itself in concrete actions, such as those set out in today's First Reading.

**Second Reading:** (1 Thessalonians 1:5c–10) We love in thanksgiving for our salvation. In this we become imitators of Jesus, as Paul tells us in today's Epistle—laying down our lives daily in ways large and small, seen and unseen, our lives offered as a continual sacrifice of praise (see [John 15:12–13](#); [Hebrews 13:15](#)).

**Gospel:** (Matthew 22:34-40) Jesus came not to abolish the Old Testament law but to fulfill it (see [Matthew 5:17](#)). And in today's Gospel, He reveals that love—of God and of neighbor—is the fulfillment of the whole of the law (see [Romans 13:8–10](#)). <https://stpaulcenter.com/reflections-for-more-info>.

## What does the word Love mean today?

How do we define Love? In answer to my question, Let listen to a bunch of 4 to 8 years olds, where they asked them, "What does love mean?" Some of the answers will both amuse and startle you.

Karl, age 5, says: "Love is when a girl puts on perfume and a boy puts on shaving lotion and they go out and smell each other."

Elaine, age 5, says: "Love is when Mommy sees Daddy smelly and sweaty and still says he is handsomer then Robert Redford."

Mary Ann, age 4, says: "Love is when your puppy licks your face even after you left him alone all day."

Tommy, age 6, says: "Love is like a little old man and a little old woman who are still friends even after they know each other so well."

Bobby, age 5, says: "Love is what's in the room with you at Christmas if you stop opening presents and listen."

Jenny, age 7, says: "There are two kinds of love. God's love. Our love. But God makes both kinds."

That last answer is worthy of a philosopher. Maybe we should listen to children more than we do. They see the world around them with clear, fresh eyes, and interpret it with clear, fresh minds.

# LOVE!

CATHOLICYC.CA/RENEWAL  
**RENEWAL GATHERING**

REGISTER ONLINE AT [catholiccyca.ca/renewal](http://catholiccyca.ca/renewal) or call 403-218-5521

SATURDAY  
**NOV 4 | CALGARY**  
9 AM to 1 PM | Mary, Mother of the Redeemer  
Lunch included | Register by Nov. 1, 2023

TUESDAY  
**NOV 7 | LETHBRIDGE**  
5 PM to 9 PM | Our Lady of Assumption, Lethbridge  
Dinner included | Register by Nov. 3, 2023

WEDNESDAY  
**NOV 8 | HIGH RIVER**  
5 PM to 9 PM | St. Francis de Sales, High River  
Dinner included | Register by Nov. 4, 2023

WEDNESDAY  
**NOV 22 | MEDICINE HAT**  
5 PM to 9 PM | Holy Family, Medicine Hat  
Dinner included | Register by Nov. 19, 2023

YOU ARE CALLED. YOU MATTER. *you belong*  
catholiccyca.ca/RENEWAL  
ROMAN CATHOLIC DIOCESE OF CALGARY

## Bishop McGrattan In High River

As part of the launch of the Pastoral Renewal, Bishop McGrattan is conducting a series of visits throughout the Diocese to pray together, share a meal, and engage parishioners in conversation regarding the Renewal.

Bishop McGrattan will be coming to our Parish to have Mass with us, share a meal together, and discuss how we can experience renewal in our personal lives, our parishes, and the Diocese. There is no cost to attend but your registration helps us in the meal planning.

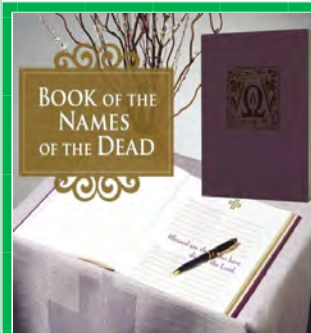
**November 8, 2023** starting with Mass at 5:00 pm, Dinner at 6:00pm and Bishop McGrattan's from 7:00 pm—9:00 pm

Register online at [catholiccyca.ca/renewal](http://catholiccyca.ca/renewal) or call Nancy at our parish Office at 403.652.2203. You can also register thru the Diocese by calling Monica at 403-218-5521



*"O God, let me know you and love you so that I may find my joy in you."*

...St. Anselm



## Month of November

If you would like your loved ones name in the "Book of the Names of the Dead", please sign the book at the back of the church or call Nancy in the church office, at 403-652-2203 or email her at [www.francisdesales.shaw.ca](http://www.francisdesales.shaw.ca)  
**Deadline is October 31, 2023**

## Confession or Communion to the Homebound

If you are homebound and desiring to receive communion or the Sacrament of Reconciliation, please call the parish office at 403-652-2203 or email Father Marius at [dzambel@mc.com](mailto:dzambel@mc.com) to request a visit. He will do his best to schedule a visit with you



*"The Eucharist is the secret of my day. It gives strength and meaning to all my activities of service to the Church and to the whole world. Let Jesus in the Blessed Sacrament speak to your hearts. It is he who is the true answer of life that you seek. He stays here with us: he is God with us. Seek him without tiring, welcome him without*



### Sunday Offering

Did you know we now take Donations electronically!

**You have the following options:**

Direct Debit, Visa, Master Card. We also have E-transfer set up. The email address is

[donation@francisdesaleshighriver.com](mailto:donation@francisdesaleshighriver.com)

If you are interested in switching over to one of these payment methods, please call Nancy in the church office at **403-652-2203**



### Adoration

Please join us for our Adoration after the 9:00 am mass on Thursdays, **from 9:45 am—9:00pm.** If you would like to come for an assigned time, please contact Nancy in the office at **403-652-2203** or email her at [francisdesales@shaw.ca](mailto:francisdesales@shaw.ca) **All are welcome!**

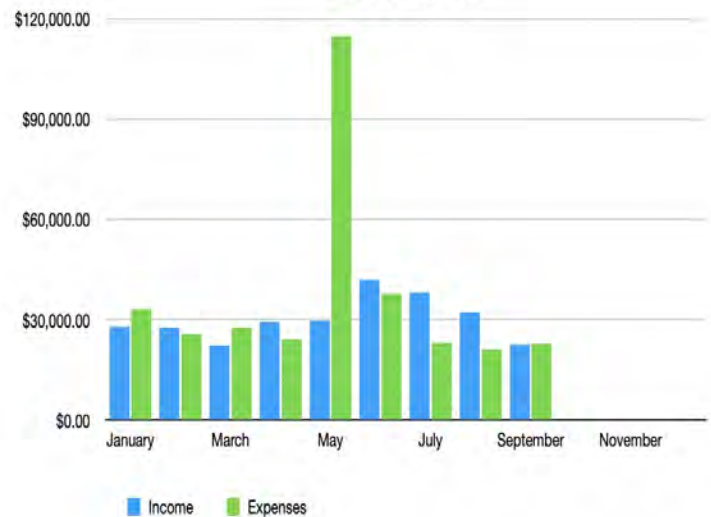
## SFDS Financial Report May— September 2023

### Monthly Financial Report

Summary by Category

Category	Income	Expenses	Difference
January	\$27,931.28	\$33,080.49	(\$5,149.21)
February	\$27,785.95	\$25,643.40	\$2,142.55
March	\$22,363.90	\$27,738.07	(\$5,374.17)
April	\$29,208.75	\$24,034.67	\$5,174.08
May	\$29,681.00	\$114,553.36	(\$84,872.36)
June	\$41,907.62	\$37,658.43	\$4,249.19
July	\$38,156.05	\$22,963.11	\$15,192.94
August	\$32,085.74	\$21,218.91	\$10,866.83
September	\$22,473.10	\$22,692.55	(\$219.45)
October	\$0.00	\$0.00	\$0.00
November	\$0.00	\$0.00	\$0.00
December	\$0.00	\$0.00	\$0.00
<b>Total</b>	<b>\$271,593.39</b>	<b>\$329,582.99</b>	<b>(\$57,989.60)</b>

Income vs. Expenses



“For it is in giving that we receive.”

~ St. Francis of Assisi



### Hospital Stay

If you are in the hospital, and are **Roman Catholic**, please insure you or a family member contacts Nancy in the Church Office at 403- 652-2203. This will ensure that you will be visited by the Priest or Pastoral Care Team.



## SFDS HELPING HANDS

### Report for the months of March—September 2023

The St. Francis de Sales Ministry has helped a total number of **13** people for the months of March to Sept.2023. We paid out a total of **\$8546.12** for bills, rent, or mortgages, as well we gave a total of **\$1250.00** in fuel cards, and **\$700.00** in grocery cards. We were also gifted **\$1500.00** in grocery cards from St. Vincent de Paul in Okotoks, and have given out \$1200.00 of that so far. The total assistance we have given so far is **\$11, 696.12**

It is rewarding to be able to assist these people who are genuinely struggling. The help we give is so appreciated. We try to listen and give help as much as we can as quickly as possible.



A huge **Thank You** to all those who have made a donation to this rewarding ministry.



### SFDS Children's Choir

Enjoy singing? The Children's Choir will be starting up again and we would like to invite all kids in **kindergarten to grade 6** to come and sing.

The Children's Choir will be singing on the **first Sunday** of each month (practicing before mass @ 10:00) and there will also be practices on the **Wednesday** before the first Sunday @ 4:30 pm, at the church.

Please contact Annah Baldwin via email if you want to join the choir or have any questions. Email: [ahbanana2@gmail.com](mailto:ahbanana2@gmail.com)

**Thank you!**

**Looking forward to hear from you!**



### SFDS Catholic Women's League

#### 2024 CWL Membership Fees are Due

It's that time of year once again where the CWL will be collecting membership fees for the year 2024 beginning on **Saturday, October 28th** and running through to **Sunday, November 26th**. Fees will be collected both before and after Mass.

The membership fee is **\$35.00** which can be paid either by cash, cheque or e-transfer [sfscwl25@gmail.com](mailto:sfscwl25@gmail.com).



The Knights are hosting a pancake breakfast on **Sunday November 5, 2023 after the 11:00 am Mass.**

**All are welcome!**

# CWL Christmas Food Drive



Christmas is coming and I'm sure we are all aware that Food Banks are already currently overwhelmed with families needing help.

The following is a list of items, that was taken from an Advent Calendar for Food Banks.

If you are able, please pick up some of the items (many will be on sale) every time you shop within the next couple of weeks and start a Food Bank Box to be delivered to the church hall beginning November 15<sup>th</sup>.

## PILGRIMAGE TO HOLY LAND & JORDAN

Under spiritual leadership of Fr. Marius Szuk, SDS  
Pastor, St. Francis de Sales Church in High River, AB

**November 4 -15, 2024 12 days \$TBD** (Calgary Dep. incl. all taxes & tips)



- Nov. 04 Morning departure from Calgary to Tel Aviv.
- Nov. 05 Upon morning arrival in Tel Aviv we are transferred to Aqaba in Jordan. Time for rest, dinner and overnight.
- Nov. 06 In the morning we travel to Wadi Rum, one of the world's outstanding desert landscapes to observe local life and Bedouin culture. This is where the movie "Lawrence of Arabia" was made in 1962. We have a traditional Bedouin lunch in one of their tents. Return to our hotel for dinner and overnight.
- Nov. 07 Today we travel to Petra, world's wonder and Jordan's most valuable treasure. The city was carved into the sheer rock face by Nabataeans, settled 2000 years ago and made an important junction for silk, spice and other trade routes linking China and India with Egypt, Greece and Rome. We visit the Treasury, Monastery and amphitheater. Late afternoon continue to our hotel in Amman for dinner and overnight.
- Nov. 08 This morning we depart to visit other treasures of Jordan. We visit Madaba, best known for its Byzantine and Umayyad mosaics and stop at Mt. Nebo where Moses saw the Promised Land for the first time. Late afternoon we cross the Jordan River and move on to Galilee for dinner and overnight.
- Nov. 09 After breakfast we depart for Tiberias. We travel by boat on the Sea of Galilee, visit Capernaum, home of St. Peter and the site of Jesus' preaching, on to Tabgha to see the Church of the Multiplication with its beautiful 5th century fish mosaic. We also visit the Church of Primacy and celebrate Mass on the Mount of the Beatitudes. On our way back to the hotel we stop at the Jordan River where Jesus was baptized. Return to our hotel for dinner and overnight.
- Nov. 10 This morning we start our tour in Cana - the site of Jesus' first miracle. Here we celebrate a marriage renewal ceremony. We move on to Nazareth where we celebrate Mass at the Basilica of the Annunciation and we visit Mary's Well and St. Joseph's Carpentry Shop. In the afternoon we ascend Mount Tabor - the Mount of the Transfiguration. Return to our hotel for dinner and overnight.
- Nov. 11 This morning we depart Galilee for Judea and the area of Jerusalem. En route we Mt. Carmel, the "burning place" where Elijah called fire down to confound the prophets of Baal. Here we celebrate Mass. Continue via Cesarea by the Sea to Judea for our dinner and overnight.
- Nov. 12 Today's journey takes us to the ancient city of Jerusalem: St. Ann's Church, Pool of Bethesda, Pilate's Judgment Hall, the Chapel of the Flagellation and the Arch of Ecce Homo, the convent of the sisters of Zion. We continue with the Stations of the Cross - Via Dolorosa to the Holy Sepulchre. Mass will be celebrated in one of the many churches of Jerusalem. In the afternoon we visit the Western Wall, also called the "Wailing Wall". We see the place of the Mosque of Omar and El Aksar. Return to hotel for dinner and overnight.
- Nov. 13 Today we visit Bethlehem - where Jesus was born, celebrating Christmas Mass in one of the grottos. We visit the Manger, Crusaders' Cloister, the Grotto of St. Jerome - Sheppard's field and Milk Grotto. In the afternoon we visit Mount Zion with the Upper Room (Room of the Last Supper) and the Church of St. Peter's in Gallicantu. Continue to Mount of Olives to visit Garden of Gethsamene, Church of All Nations and Pater Noster church. Return to our hotel for dinner and overnight.
- Nov. 14 This morning we leave for a full day excursion to Masada, the Dead Sea and Jericho, the oldest inhabited city in the world. We visit the town and celebrate Mass. Time for floating in the Dead Sea before returning to hotel for dinner and overnight.
- Nov. 15 After breakfast we are transferred to the airport in Tel Aviv for a flight to Calgary. Evening arrival.



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- Box of Cereal
- Peanut Butter
- Stuffing Mix
- Boxed Potatoes
- Macaroni and Cheese
- Canned Fruit
- Canned Tomatoes
- Canned Tuna/Salmon
- Dessert Mix
- Applesauce
- Canned Regular or Sweet Potatoes
- Cranberry Sauce
- Box of Crackers
- Package of Rice
- Package of Oatmeal
- Pasta
- Spaghetti Sauce
- Chicken Noodle Soup
- Tomato Soup
- Canned Mixed Vegetables
- Canned Corn
- Canned Carrots
- Canned Beans
- Baby Food and Formula
- Toilet Paper
- Kleenex Tissue



**"I don't want to go to church anymore. I don't believe in God, it's not my religion,"**

....she was told by her teenage daughter. It is only up to parents what we will do with our pain in such a situation. We can get stuck in despair and guilt. But we can also follow in the footsteps of St. Monica and draw from this drama a lesson, as beautiful as it is difficult.

In such a situation, it is easy to get stuck in your own suffering, guilt and failure. There is a temptation to give up. Bitterness, self-pity, manifestation of suffering. Reactions can be really different, but almost each of them carries a powerful load of difficult emotions. It happens that parents reach for the heaviest weapon and, wanting to punish a "wandering" family member, decide to cut themselves off from him. However, one can try to look at what happened a little differently and follow the path that St. Monica chose. This pious woman, with boundless love and persistent prayers, led to the conversion of her son. And probably there would be nothing extraordinary about it, if not for the fact that she waited 17 years for it! In this way, the biggest sinner in the area, who in his life indulged mainly in lust and debauchery, was... a saint and one of the most famous theologians in the history of the Church. A child's departure from faith (like any other drama in life) can be treated as an opportunity for conversion. It can be both a beautiful and very difficult lesson in unconditional love, freedom and gratitude. They are parents who, although they have lost their children to the Church, have not ceased to give them love and acceptance. Although they carry an open wound in their hearts, they redirect attention from their own suffering to gratitude and an attempt to build an intimate relationship with them. For some it comes naturally, for others it costs a lot of sacrifices and years of hard work. But all draw strength from the same source: a close relationship with God.

**As a parish, we want to join your prayers, so we invite you to a Holy Mass and special devotion on the last Tuesday of the month, in the intuition of children who have fallen away from the faith and the church.**



**All Saints Mass**

*Please join us on Wednesday, November 1, 2023 @ 6:00 pm for our All Saints Mass.*

**All are welcome!**



**Candle Light Service for Repose of the Soul**

We will be having a Candle Light Service for The Repose of the Soul on Thursday, **November 2, 2023 at 6:00 pm.** If you have a family member or friend who passed away in the past year **(November 2022 to present)**

please let Nancy know and they will be added to the Candle Light Service. If their funeral was not here, **please bring in a picture,** with the details of **name, date of birth and date of death.**

**There will also be a reception afterwards in the church hall. All are welcome!**

**If you have any questions, please call Nancy in the parish office at 403-652-2203 or email at francisdesales@shaw.ca**

Before I formed you in the womb I knew you, before you were born I set you apart.

JEREMIAH 1:5



**Memorial Liturgy**

FOR THOSE MOURNING THE LOSS OF A CHILD THROUGH MISCARRIAGE OR STILLBIRTH

*with Most Rev. William T. McGrattan*

**WHEN**

TUESDAY  
NOV. 14, 2023  
at 7 pm

**WHERE**

ST. MARY'S CATHEDRAL  
219 18 Ave SW  
Calgary, AB

When families lose a baby in the womb, the cries of birth go unheard, the grasp of tiny fingers slips away. This profound loss needs articulation. Join Bishop McGrattan in a prayer gathering to commend our children communally into the embrace of our merciful God and to support those who are grieving the loss of a child.

**TO ATTEND**

PLEASE REGISTER AT  
MISCARRIAGELITURGY.CA



"Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged; for the LORD your God will be with you wherever you go." - Joshua 1:9

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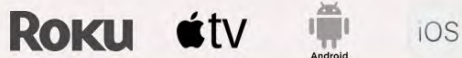
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## Saint Charles Borromeo: The Good Shepherd

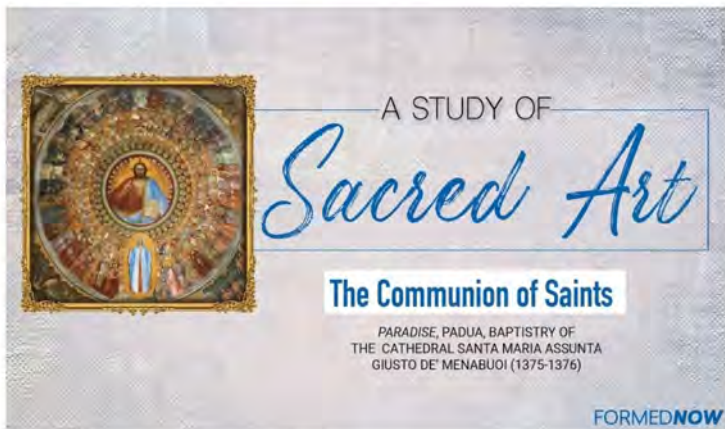
As the Cardinal-nephew of Pope Pius IV, Saint Charles Borromeo was one of the wealthiest and most powerful men in all of Rome. Yet he chose the extraordinary challenge of reforming the enormous Archdiocese of Milan to the pampered life of a Renaissance prince, and willingly spent himself in the service of his flock.

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## The Communion of Saints | Sacred Art

In celebration of All Saints' Day, Dr. Ben Akers and Taylor Kemp sit down to discuss Giusto de' Menabuoi's "Paradise" and how the saints give us hope by showing us that holiness is possible.

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## Brother Francis - All Souls Day

In this episode of Brother Francis, kids can learn about All Souls Day and how we take time to remember those who have passed away.

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## MASS INTENTIONS

# November 1– 30, 2023

November 1	6:00 pm	All Saints Mass
November 2	9:15 am 6:00 pm	Al Gyorkos † All Souls Mass
November 3	9:15 am	Jack Pilon †
November 4	9:00 am 5:00 pm	Linda Dudley † Lynn John Marshall †
November 5	9:00 am—(Vulcan) 11:00 am	St. Andrew's CWL Sisters Our Parish
November 6	9:00 am	Terry Van Wezel †
November 7	7:00 pm	Bob & Lil Rehak
November 8	4:00 pm—(HR Hospital) 6:00 pm	Jim Walton † SFDS CWL Sisters
November 9	9:15 am	Norbert Gabriel
November 10	9:15 am	Terry Van Wezel †
November 11	9:00 am 5:00 pm	Danny & Mary Rehak † Theresa Fallows †
November 12	9:00 am—(Vulcan) 11:00 am	Our Parish Adam Rosell
November 13	9:00 am	John MacIsaac †
November 14	7:00 pm	Kidane Weldesielassie †
November 15	3:15 pm—(Seasons HR) 6:00 pm	Paul Pilon † M. Jensen
November 16	9:15 am	Joe Pollock
November 17	9:15 am	Joseph Pilon †
November 18	9:00 am 5:00 pm	Brittany Pineo Extended Hoffart Family †
November 19	9:00 am—(Vulcan) 11:00 am	Our Parish George & Antonina Sztuk †
November 20	9:00 am	Gerard Farrell †
November 21	7:00 pm	Jerome Schmitz †
November 22	3:30 pm—(The Manor) 6:00 pm	Cathy Nesselbeck Madeline Laliberte
November 23	9:15 am	Betty Farrell †
November 24	9:15 am	Agnes Downs †
November 25	9:00 am 5:00 pm	Wayne & Diane Chayer Theresa Fallows †
November 26	9:00 am—(Vulcan) 11:00 am	Our Parish Sydney Barton †
November 27	9:00 am	John MacIsaac †
November 28	7:00 pm	Wayne Hamer †
November 29	4:00 pm—(HR Hospital) 6:00 pm	Alex Russell Esther Magoose
November 30	9:15 am	Sheila Rosell



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