



**July 2, 2023**

**Thirteenth Sunday in Ordinary Time**

**St. Francis de Sales Parish**

206 – 9<sup>th</sup> Avenue West,  
High River, Alberta T1V 1A4  
Office Phone # 403-652-2203  
Fax # 403-601-3886

**Email:** francisdesales@shaw.ca

**Parish Website:**

www.francisdesaleshighriver.com

**St. Andrews Church**

330—1st South  
Vulcan, Alberta T0L 2B0



**Contact Info**

**Pastor :** Fr. Mariusz Sztuk

Email: dzambel@me.com

Phone: 403-992-2313

**Deacon:** Larry R. Driver

Email: deaconldriver@gmail.com

**Secretary:** Nancy Barton

Email: francisdesales@shaw.ca

Phone: 403-652-2203

**Sacramental Prep :** Nancy Barton

Email: francisdesales@shaw.ca

**Music Coordinator:** Donna Abramson

Email: droseabramson@gmail.com

Welcome

If you are new to our parish, or have been coming but not yet **registered**, please contact Nancy in the parish office to fill out a registration form at **403-652-2203** or email her at **francisdesales@shaw.ca**



*Jesus said to his Apostles: “Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.”*

**Rewards**

*‘Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet’s reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple—truly I tell you, none of these will lose their reward.’*

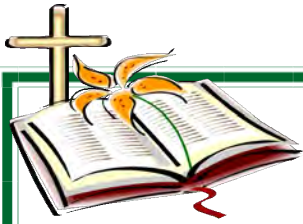
**Matthew 10:37–42**

# Thirteenth Sunday in Ordinary Time



July 2 2023

Photo By: Christian Gutierrez LC



## Sunday Readings

**First Reading:** (2 Kings 4:8-12a, 14-16) We're not all called to the ministry of the Apostles or to be prophets like Elisha in today's First Reading. But each of us is called to a holy life (see **2 Timothy 1:9; 1 Thessalonians 4:3**).

**Second Reading:** (Romans 6:13-4, 8-11) At Baptism, our lives were joined forever to the Cross of Christ, as Paul tells us in today's Epistle. Baptized into His death, we're to renounce sin and live for God in Christ Jesus.

**Gospel:** (Matthew 10:37-42) We are to follow Him, each of us taking up our personal cross, as Jesus says in today's Gospel. That doesn't mean we will all be asked to suffer a martyr's death. But each of us is called to self-denial, to the offering of our lives in service of God's plan.

<https://stpaulcenter.com/reflections> for more info.

## Never Underestimate the Power of a Cold Cup of Water - Matthew 10:40-42

Now I would like to stop the world for just one minute and ask you to think back. Think back with me to the first century. Think about those 50 years after Jesus' death and what it must have been like for Jesus' disciples. Before the last one died their efforts had brought 500,000 men, women, and children into the ranks of the church. But what they had to suffer in order to accomplish this task is seldom discussed. We like the outcome of their discipleship but we don't want to hear the cost of discipleship. So for the record here is the cost: History tells us...

1. John died of extreme old age exiled to the island of Patmos.
2. Judas Iscariot, after betraying his Lord, hanged himself.
3. Peter was crucified; head downward, during the persecution of Nero.
4. Andrew died on a cross at Patrae, a Grecian Colony.
5. James, the younger, son of Alphaeus, was thrown from a pinnacle of the Temple, and then beaten to death with a club.
6. Bartholomew was flayed alive in Albanapolis, Armenia.
7. James, the elder son of Zebedee, was beheaded at Jerusalem.
8. Thomas, the doubter, was run through the body with a lance at Coromandel, in the East Indies.
9. Philip was hanged against a pillar at Heropolis.
10. Thaddeus was shot to death with arrows.
11. Simon died on a cross in Persia (what we now call Iran.)
12. Matthew was first stoned and then beheaded.

What sacrifices! And I ask you why? Why did they choose to die this way? Why desert your father and mother, your wife and child, and your home? Why put up with the constant humiliation, and hunger, and persecution, and defeat town after town after town?

I'll tell you why, because, in the words of Apostle Paul, they were held captive by the words and teachings of Jesus Christ. It is Paul's way of saying they were slaves to Christ...

Submitted by: Fr. Mariusz



## 1st Reconciliation & 1st Eucharist 2023/2024

The registration link will be open online to register your child for **1st Reconciliation & 1st Communion starting July 1st**.

Your child must be in Grade 2-6 for this Sacrament.

**(please note: deadline for registration is October 8, 2022)**

**Please go to our website to register for these Sacraments**

<https://www.francisdesaleshighriver.com/index.php/en/services/eucharist>

The **Parent Info Sessions** for Sacramental Preparation is **September 23, at 6:00 pm in the church. Dates for the classes will be provided at this meeting.**

**If you have any questions, please contact Nancy at the church office by phone: 403-652-2203 or by email: francisdesales@shaw.ca**

## SUMMER OFFICE HOURS

The parish office will be open 9:00 am—12:00 pm to the public for July & August

If you need Fr. Mariusz after hours, please call him on his cell # 403-992-2313

### Please Note:

Nancy will be on holidays from June 30— July 16 however, she is blessed to have wonderful volunteers in the office Mon.—Fri. 9:00 am to 12:00 pm.





**Confession or Communion to the Homebound**

If you are homebound and desiring to receive communion or the Sacrament of Reconciliation, please call the parish office at 403-652-2203 or email Father Marius at [dzambel@me.com](mailto:dzambel@me.com) to request a visit. He will do his best to schedule a visit with you



*"The Eucharist is the secret of my day. It gives strength and meaning to all my activities of service to the Church and to the whole world. Let Jesus in the Blessed Sacrament speak to your hearts. It is he who is the true answer of life that you seek. He stays here with us: he is God with us. Seek him without tiring, welcome him without reserve, love him without interruption: today, tomorrow, forever." Saint John Paul II*



**Sunday Offering**

Did you know we now take Donations electronically!  
**You have the following options:**

Direct Debit, Visa, Master Card. We also have E-transfer set up. The email address is

[donation@francisdesaleshighriver.com](mailto:donation@francisdesaleshighriver.com)

If you are interested in switching over to one of these payment methods, please call Nancy in the church office at 403-652-2203 or email her at [francisdesales@shaw.ca](mailto:francisdesales@shaw.ca)



**Adoration**

Please join us for our Adoration after the 9:00 am mass on Thursdays, **from 9:45 am—9:00pm.** If you would like to come for an assigned time, please contact Nancy in the office at **403-652-2203** or email her at [francisdesales@shaw.ca](mailto:francisdesales@shaw.ca) **All are welcome!**

**Financial Report January - May 2023**

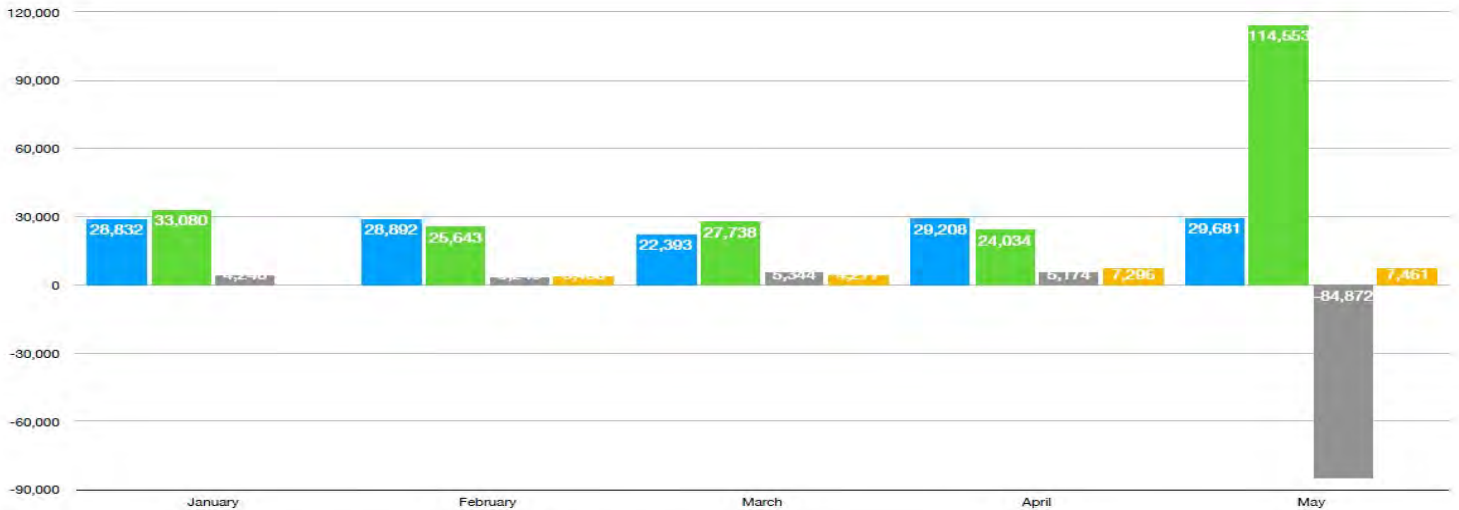


Table 1

|          | Collection | Expense | Profit/Loss | TIA   |
|----------|------------|---------|-------------|-------|
| January  | 28,832     | 33,080  | 4,248       | 0     |
| February | 28,892     | 25,643  | 3,249       | 3,483 |
| March    | 22,393     | 27,738  | 5,344       | 4,277 |
| April    | 29,208     | 24,034  | 5,174       | 7,296 |
| May      | 29,681     | 114,553 | -84,872     | 7,461 |

**St. Francis de Sales Gift Shop!**

Looking for that special gift for Baptism, 1st Communion, Confirmation, Birthday or for yourself? Come and check out our new Gift Shop!! If you see something you would like to buy, please see Nancy in the church office during the weekday office hours.

**Monday—Thursday, 9:00 am to 4:00 pm**  
**Friday, 9:00 am to noon**



*“For it is in giving that we receive.”*

*~ St. Francis of Assisi*



**Hospital Stay**

If you are in the hospital, and are **Roman Catholic**, please insure you or a family member contacts Nancy in the Church Office at 403- 652-2203. This will ensure that you will be visited by the Priest or Pastoral Care Team.





# SUMMER RETREATS

LIVE-IN RETREATS FOR ADULTS

- [Catholic Family Life Conference](#) for family (June 29 - Jul 3) - Lac Ste Anne, AB
- [Soul Care Retreat for Men](#) (July 18 - 20) - Mount St. Francis
- [Lac Ste Anne Pilgrimage](#) (July 21-27) - Lac Ste Anne, AB
- [Learn to Keep Walking](#) Retreat (July 23 - 30) - Mount St. Francis
- [Soul Care Retreat for Women](#) (Aug 8 - 10) - Mount St. Francis
- [Summer Silent Directed Retreat](#) (Aug 11 - 19) - FCJ Retreat Centre
- [Women's Weekend Retreat](#) (Aug 11-13) - Mount St. Francis
- [Weekend Silent Directed Retreat](#) (Aug 11-13) - FCJ Centre
- [Always Our Children](#) (Aug 18-20) - Aspen Ranch Outdoor Centre, Clearwater County, AB
- [Blessing of the Good Road Week](#) Retreat (Aug 21-27) - Mount St. Francis

Please go to their websites for more info and to register.



Ignite is a Catholic summer camp for teens grades 9-12 desiring to grow in holiness. It is an incredible week with excellent talks, amazing people, daily Mass, epic large group activities, Reconciliation, Adoration, praise and worship, and much more! You will grow in the knowledge of Christ and the Church and be empowered to go forward while striving to be a modern-day saint.

**July 18-21, 2023**  
St. Michael's Parish, Calgary

Please go to **face2face ministries** for more info and to register



Ignite Junior is a Catholic summer camp for youth grades 6-8, designed to introduce and deepen a relationship with Jesus while having outrageous fun with friends! It is an incredible three days with amazing people, epic large group activities, Adoration, praise and worship, excellent teaching moments, and much more!

**July 18-20, 2023**  
St. Michael's Parish, Calgary

Please go to **face2face ministries** for more info and to register



## Wheelchair ramp

**Financial Help Needed**

*As people get older, it becomes much more difficult to move around. Attending church on regular basis isn't possible any more, but it does require people to leave their homes and walk or drive to a church on occasion, or doctor appointment. Getting out of the house may help motivate elderly to stay connected. So, I am writing these few lines to ask for your help. We have a need to help one of our parishioners to build a ramp to make an easy access. If you feel you could help financially, please give us call at the parish office, 403.652.2203 or talk to Fr. Marius.*

*Thank you and God Bless!*



## Heating System at St. Francis De Sales Parish in High River

Last December 2022 and January of 2023, we experienced a major issue with our heating system. Some temporary repairs were done by the end of January 2023 to stop any further damage and to ensure that we have heat in our church building during winter time. But during that time it became evident that we need to look into our heating system.

After a long conversation with GM Mechanical, the company that has serviced our furnaces for many years, the conclusion was reached that all three units must be replaced due to their advanced age (30 years) & increasing unreliability. After reviewing quotes from a few firms, and after the approval of Parish and Financial Councils, GM Mechanical in High River was awarded the contract for following reasons:

- They have satisfactorily serviced our system for years
- They are local for rapid emergency response & indeed are our neighbours
- Their quote is considerably less (about \$60,000 or 25% lower) than the one of the Calgary firms.
- Approximately 14 - 20 weeks deliver to ensure that we have heat entering winter season.

The cost of the project is estimated to be \$173,670 + GST. however this cost could change based on unforeseen work requirements. Thanks to your generous support, we have a portion of the funds needed in our building and maintenance savings account, however we welcome any support from parishioners and supporters of St. Francis's Church.

If you would like to help:

Make a donation using the special collection envelopes. To Donate with a credit card or other method, please contact the office at 403-652-2203.

Thank you for your ongoing support.

*Fr. Mariusz Sztuk, SDS*





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**Maria Goretti**



**Maria Goretti: The Story of the Patroness of Modern Youth**

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**Luke 24**



**The Resurrection of Jesus: Luke 24 | The Bible Project | Book Collection**

Luke's video wraps up his depiction of Jesus of Nazareth. The disciples find an empty tomb, leading to a life-altering encounter with the risen Jesus. This marks the climax of Jesus' mission to establish the kingdom of God, and sets the stage for its continuation in Luke's Acts.

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An offering from the AUGUSTINE INSTITUTE and ignatius press



# July 1– 31, 2023

|         |                                  |  |
|---------|----------------------------------|--|
| July 1  | 9:00 am<br>5:00 pm               | Phil Schultz †<br>Martina & Family           |
| July 2  | 9:00 am—(Vulcan)<br>11:00 am     | Our Parish<br>Cecilia Bleile †               |
| July 3  | 9:00 am                          | Daphne Flack                                 |
| July 4  | 7:00 pm                          | Colin & Felice Fraser & Family               |
| July 5  | 6:00 pm                          | Bereavement Mass                             |
| July 6  | 9:15 am                          | Rachelle Lolonde †                           |
| July 7  | 9:15 am                          | Walter & Meyer Families †                    |
| July 8  | 9:00 am<br>5:00 pm               | Daniel & Mary Rehak †<br>Anne-Marie Stokes † |
| July 9  | 9:00 am—(Vulcan)<br>11:00 am     | Our Parish<br>Cecilia Bleile †               |
| July 10 | 9:00 am                          | Andy & Doreen McMillan                       |
| July 11 | 7:00 pm                          | Ben & Janet MacLeod †                        |
| July 12 | 4:00 pm—(HR Hospital)<br>6:00 pm | Bernie Ackerman †<br>SFDS CWL Sisters        |
| July 13 | 9:15 am                          | Norma Cooke †                                |
| July 14 | 9:15 am                          | Maria & Frank Sichel & Family †              |
| July 15 | 9:00 am<br>5:00 pm               | Maris Silvestro †<br>Nora Chisholm           |
| July 16 | 9:00 am—(Vulcan)<br>11:00 am     | Our Parish<br>Cecilia Bleile †               |
| July 17 | 9:00 am                          | Norma Cooke †                                |
| July 18 | 7:00 pm                          | Karen Bateman                                |
| July 19 | 3:15pm—(Seasons HR)<br>6:00 pm   | George & Antonina Sztuk †<br>Bob Lainchbury  |
| July 20 | 9:15 am                          | Sarah Abma                                   |
| July 21 | 9:15 am                          | Maria Silvestro †                            |
| July 22 | 9:00 am<br>5:00 pm               | Norma Cooke †<br>Maureen Kivineen †          |
| July 23 | 9:00 am—(Vulcan)<br>11:00 am     | Our Parish<br>Cecilia Bleile †               |
| July 24 | 9:00 am                          | Bill & Frieda Rogers                         |
| July 25 | 7:00 pm                          | Theresa Fallows †                            |
| July 26 | 3:30 pm—(the Manor)<br>6:00 pm   | Norman Dawson<br>Kayla Rosell                |
| July 27 | 9:15 am                          | Norma Cooke †                                |
| July 28 | 9:15 am                          | Judy Demchuk †                               |
| July 29 | 9:00 am<br>5:00 pm               | Lilly Flack<br>Rob Stokes                    |
| July 30 | 9:00 am—(Vulcan)<br>11:00 am     | Our Parish<br>Cecilia Bleile †               |
| July 31 | 9:00 am                          | John MacIsaac †                              |





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